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FÉDÉRATION FRANÇAISE
DE PSYCHOTHÉRAPIE
ET PSYCHANALYSE



WORLD COUNCIL
FOR PSYCHOTHERAPY

8TH WORLD CONGRESS OF PSYCHOTHERAPY 8^E CONGRÈS MONDIAL DE PSYCHOTHÉRAPIE

24-28 July 2017
Maison de l'UNESCO, Paris, France

WORKSHOPS GUIDE LIVRET DES ATELIERS



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NOTES

Réf. : 7 - LANGUE(S) : Anglais Wednesday, room 7, 9.00-10.30 AM

AUTEUR : Mohammad Khodayarifard

Examining and Concentrating on Positive Points of Strengths in Oneself and the Others in Religious P

MOT CLÉ : positive psychotherapy / Religious / positive thinking

ORATEUR : Mohammad Khodayarifard

SUJET : Workshop Objectives:
§ Help participants practice positive thinking
§ Describe the significance of positive thinking by virtue of identifying positive points of strengths
§ Demonstrate skills in implementing positive thinking in action
§ Apply positive thinking for oneself and others
§ Provide participants with knowledge and skills for positive thinking
§ Demonstrate techniques and skills in enhancing one's level of self-esteem.
Expected Learning Outcomes
Participants will be able to:
• Understand the importance of positive thinking
• Understand the role of self-awareness
• Increase their self-esteem thorough identifying their own positive points
• Describe the relationship between positive thinking and a good sense of self
• Understand the implications of positive thinking for establishing healthy relationships
• Enhance positive self-image
• Understand their own positive points of strengths
• Be familiar with the power of self-reflection and self-reflexivity
Maximum number of participants There is a limit of 30 participants as the maximum number of participants.

BIOGRAPHIE :Dr. Mohammad Khodayarifard, Ph.D. is a professor of child clinical psychology at the University of Tehran. His main research interests focus on psychology of religion, positive psychology and psychotherapy. In 2007, he received certificates of psychotherapy from the European Psychotherapists Association and from the World Council for Psychotherapy. He is a published author of seventy scientific articles. He has also authored or translated fifteen books. He has presented forty papers in Iranian and international conferences and has received different awards for "the best research" and "the best paper". In 2011 he received the Outstanding Professor award from the International Professor Alireza Yalda Academic Foundation in Medical Sciences, in the 2th International Congress with a focus on research in medical sciences. In December 2014, he received the Outstanding Researcher Award in 23th Research Festival University of Tehran.

COMMENTAIRE : One clinical application of spirituality and positive psychology research is the "psycho-spiritual intervention," which represents the potential that spirituality has to increase well-being. These coping mechanisms that aim to preserve the sacred have been found by researchers to increase well-being and return the individual back to the sacred (Shane, Lopez, & Snyder, 2011). For this reasons, the major aim of this workshop is to examine one dimension of religious psychotherapy which seems to be very essential; that is to recognize and to focus on the abilities of the individuals in a successful therapeutic approach. The participants will learn about positive psychotherapy and the importance and value of spiritual and religious perspectives in this area of study and practice. Over the course of the workshop, they will also learn specific strategies for how to use the clients' strengths via practice-based positive intervention. Through these techniques, participants will develop a new awareness about themselves. The strategies are to be taught practically; therefore, the participants are expected to get actively involved in class discussion and participation.

Réf. : 10 - LANGUE(S) :Anglais Tuesday, room 3, 12.45-1.45 PM

AUTEUR : Todd DuBose, Ph.D., Sarah Taylor, Psy.D.

De-pathologizing love in therapeutic care: Unwitting violence and desired

MOT CLÉ : Love / Psychotherapy / Psychopathology

ORATEUR : Todd DuBose, Ph.D.

SUJET : Abstract: This presentation/workshop will address how the standards of therapeutic care have rank-ordered healthy and unhealthy forms of love based on unfounded essentialist hegemonies that unwittingly enact a violence on love in the name of care. The presentation will expose and deconstruct how this has occurred and suggest an alternative approach to exploring love in therapeutic care that is validating and liberating based on the deconstruction of these very premises that establish a distinction between healthy and unhealthy categorizations. An example of this

process will be explored through showing the outcome of qualitative research on loving someone who has been violent to oneself, and its implications for challenging clinical biases and prejudices that have to date narrowed the complexity of love. Following this example of research, the presentation will unfold suggested options for the therapeutic care of love after the deconstruction of criteria that establishes typical over atypical, normal over abnormal, and normative over non-normative prescriptions of love, and its accompanying project of deficit-correction. Attendees will be invited into the discussion and practice of de-pathologizing various concrete expressions of love in diverse circumstances and engage in a mutual exploration of options beyond enactments of unwitting violence in clinical interviewing, therapeutic inflection, and presumptions about what is healing and about the nature of the good life. Examples of pathologization that may be addressed include perversion as predicated on normative privileging, unconditionality as masochism, aggression in love as sadistic, perpetual forgiveness as re-traumatization, and “falling in love” as irrational or psychotic. The presentation will conclude with a proposed alternative view of therapeutic care that attends to the intersectionality, relative gradation and inclusive equalization of therapeutic “multi-partial” love in diverse circumstances,

BIOGRAPHIE :Todd DuBose is a Full Professor at The Chicago School of Professional Psychology, where he teaches a variety of subjects in a human science approach to the psychological arts from an existential-hermeneutical-phenomenological perspective. He is a licensed clinical psychologist in private practice. He holds degrees in philosophy (B.A., Georgia State University), religion (M.Div., Union Theological Seminary) and clinical psychology (Ph.D. Duquesne University), and has presented his work at various national and international venues. Sarah Taylor holds a B.A. from American University in Washington, DC, and both the M.A., and Psy.D. from The Chicago School of Professional Psychology. Her research interests include dilemmas faced by university and college students, LGBTQ concerns, alternative approaches to chemical use and addiction, severe mental illness, community mental health with particular interests in disadvantaged children and the relationship between love and violence.

COMMENTAIRE : Format and Objectives: The goal of this workshop is to unearth unwitting pathologization that occurs among therapists when faced with so-called alternative forms of love in therapeutic situations. Moreover, the workshop intends to introduce a practice of therapeutic care that is hospitable to diverse forms of love by deconstructing rank-ordered hierarchies of healthy/unhealthy, normative/non-normative, standard/alternative frames of reference. The format of the workshop will be a combination of lecture and discussion. There is no maximum limit on the number of participants who wish to join this workshop. By the end of the workshop the participants will be able to:
• Identify the nature of therapeutic violence as the relegation of that which is different to being that which is deficient
• Clarify and deconstruct essentialist, rank-ordered scales of measurement that support a deficit-corrective model of care and its accompanying schemas of healthy/unhealthy, normative/ab-normative, standard/deviant
• Apply a collaborative-understanding model of care to those unfolding lived experiences of love that is horizontally and inclusively validating, be more hospitable to the unique singularity of each situation of love without comparisons and contrasts with other expressions of love, and identify one's lived, though un-thought values that may impede such hospitality and splendor. Chicago: Northwestern University Press. Taylor, S. (2016). Loving those who have been violent to us: An existential-phenomenological analysis. Unpublished Dissertation.

Réf. : 20 - LANGUE(S) : Anglais

Friday, room 8bis, 11.00-12.30 AM

AUTEUR : Julie Wells LCSW, CP, TEP

Encounter, embrace & explore the universal role of love using psychodrama

MOT CLÉ : PSYCHODRAMA / Four types of LOVE / Experiential ROLES

ORATEUR : Julie Wells LCSW, CP, TEP

SUJET : Love is an important universal human emotion that binds us together in relationship. Whether an individual's love of self, familial love, love as a couple, or love of humanity, a simple definition of what love is eludes us as it exists at different levels and intensities. In this workshop we will use the power of psychodrama and one of its most effective interventions, role reversal, to gain insight unlikely by conventional psychotherapeutic approaches. Using the 4 types of love that the Ancient Greeks termed, we will use surplus reality to experience how “feelings are role related” according to JL Moreno. As we concretize this abstract concept, take this opportunity to embody one of the Universal Roles of Love in action, and learn what your next move is to create the loving world that you want it to be.

GOAL: To promote use of psychodrama to heal individuals, groups, and communities. To expose psychotherapeutic community to the power of psychodrama and promote efforts to constructively foster love in our world.

OBJECTIVE:Participants will identify, define and give examples for the four types of Love as noted by the Ancient

GreeksParticipants will demonstrate rudimentary understanding and practice of the psychodramatic intervention of Role ReversalParticipants will be able to identify, label and explain psychodramatic concepts of Surplus Reality and Here and NowParticipants will learn and define Four Universals of Psychodrama: Time; Space; Reality; CosmosEXPECTATIONS FROM PARTICIPANTS:Workshop is intended for all levels of psychodrama experience from novice to expert. If someone is in need of accommodations, please notify leaders. Participants are expected to treat all other participants with respect and dignity.Participants are expected to participate as much as comfortable and to voice their needs to group leaders.

BIOGRAPHIE :Julie Wells is a Licensed Clinical Social Worker with her MSW from USF in 2001. She is a Certified Practitioner since 2011 and a Trainer, Educator and Practitioner of Group Psychotherapy, Psychodrama and Sociometry since 2015. Julie has worked in the Human Services field for over 25 years, holding positions at runaway shelters, Hospice, the Public School System, Dialysis Centers, Transplant and Addiction Facilities. She also volunteered in Alternatives to Violence Program serving inmates at Coleman Federal Prison. She is in private practice and is Director of Suncoast Psychodrama Training providing CEUs in Psychodrama to Tampa Bay and Orlando area professionals. In addition, Julie is a stained glass and mosaic artist who stresses the importance of creativity with her clientele. She is also co-chair for ASGPP National Conference in Clearwater, FL May 2017 and will soon be publishing Mindful Moments, a deck of affirmation cards featuring her artwork.

COMMENTAIRE : Make sure participants have name tags, ask for phones to be shut off, introduction of presenters' qualifications and knowledge base. 2. Welcome - Reinforce use of Adult Learning Model. Reinforce importance of completing feedback survey at end of session and signing whatever CE paperwork the conference requires. Explain agenda and structure of time together. Leaders will review confidentiality, and validate that all exercises are voluntary. Participants are encouraged to tell group leaders if they are uncomfortable or have a specific need. Group leaders will obtain group agreement on bathroom break, confidentiality, group needs, etc. 3. Name game: A sociometric group warm up exerciseIntroduce self to group stating your name and a nickname that you are fond of that was given to you by someone meaningful. 4. Spectrogram- An action-based, sociometric measurement tool of "how much" generally used in warm-up phase of a Sociodramatic or Psychodramatic Session. How much love do you feel that you have in your life currently? Ask for three volunteers to share and discuss why they placed themselves on the invisible spectrum created on the floor. 5. Define the 4 Different types of Love defined by Ancient Greeks (see step 6)6. Locogram: An action-based, sociometric measurement tool for gaining information from participants using locations on the floor using specific criteria. Criteria for this questions is: Go place yourself on the marked location for the type of love you would like more of in your life; are drawn to; or that you believe the world needs more of... Location labels are: • AGAPE: Love for fellow humans; verb form of love• EROS: Passionate, romantic love• PHILIO: Noun form of love; tender, platonic love, committed and chosen love• STORGE: Love for family and/or friends; parent loves a child; unconditional, forgiving, secure, safe• OTHER 7. Sharing dyads –2x's (another sociometric tool to warm up some and help contain others)• First Dyad: Pick someone within the same group or location that you chose for the locogram. Share why you placed yourself where you did. Each person in the dyad gets one minute to share. 8. Warm-Up: Sociometric exercise to begin to have comfort with action methods and exploring internal process more experientially. Many pictures from a warm up album will be placed on the floor. Participants will be asked to try to find a picture that represents the type of love they chose in the previous locogram. We will have everyone show their picture without words and then ask for members to choose someone whose picture they were drawn to and share in a dyad. • Second Dyad: Each person in the dyad gets one minute to share. What about the picture you chose stands out to you? What drew you to your dyad partner's picture? • Large Group: Encourage sharing with the large group by someone from each of the different locogram choices. Bring group sociometry back to larger group dynamic. Ask for 3 volunteers to share with the large group something they learned/noticed/questioned after doing these exercises. 9. Didactic Portion: • Introduce rudiments of psychodrama; ABCS of psychodrama (Affect; Behavior; Cognition; Spirituality)• Introduce concepts of Four Universals of Psychodrama: Cosmos, Time, Space, Reality• Define psychodrama and concept of role reversal• Feelings are role related10. Action/Experiential Portion: Each participant will be asked to choose a scarf for the Role of love that they would like to explore more. It can be the same role they went to for the Locogram or they can choose a different role if they wish. They are instructed to take on that roles' qualities, attributes and dance, walk, and move through the space AS IF they are that type of LOVE. Participant will be encouraged to be mindful and curious of what they notice within themselves and when maneuvering with other group members. Participants will be asked to pay attention to how hopeful they feel in this role and if there is a message from that role that is important to remember. They are role reversing with the role of Love that they choose. ACTION WILL FREEZE11. Journal and/or record the message the participants got from the role and any insights or awareness that may have come from the exercise. 12. Sharing: Participants will share in a dyad what they gained from the exercise and how they can relate the message they received into their own personal and professional life. • Offer time for three volunteers to share in larger group13. Processing: Follow up with any theory questions and discuss how increasing our role repertoire and ability to role reverse improve our lives. How was this experience for the participants? Anything they would like to comment about or ask about? Offer time for any questions on theory, etc. 14. Closing Exercise*: (Future Projection) Participants will incorporate what was learned from previous exercises. Demonstration of how their own ABCS have already been affected by today's workshop. Participants will envision moving forward in time and imagine that the role that they developed in the previous scenarios was more developed and was successful in getting the message recorded in the participant's journal is true and has successfully been absorbed and embraced by others. From this future role, please make one statement to the present-day self about what it is like now and one step done that has helped the journey. [*This exercise may be cut if time does not allow] Go around in a circle and each person say one word for what they want to bring into the world moving forward that was inspired by the work done today. Give each participant a "touch-stone" to remember their message moving forward. 15. Evaluations and any other conference requirements needed.

Réf. : 47 - LANGUE(S) : Français

Tuesday, room 8bis, 4.00-5.30 PM

AUTEUR : Michelle Blateau - Jocelyne Moulet-Farge

De l'enracinement à l'ouverture à l'autre

MOT CLÉ : Analyse Bioénergétique / Enracinement / Ouverture à soi et à l'autre

ORATEUR : Michelle Blateau - Jocelyne Moulet-Farge

SUJET : Nous sommes dans une société en pleine mutation où nos repères anciens ont été fortement bouleversés. Nous sommes face à une technologie qui repousse les limites toujours plus loin et donne l'illusion d'un monde sans limite ou tout serait possible. Nous sommes dans l'ère du numérique qui change profondément les rapports aux autres et au monde : nous sommes envahis par les images, l'information, les réseaux sociaux, nous nouons des relations à distance. Mais derrière ces échanges, ces relations virtuelles une grande solitude et un grand besoin d'amour. Le monde actuel et à venir amène une certaine perte d'identité, nous éloigne de notre vrai Soi. Le corps est souvent réduit à l'état d'image au détriment du rapport intime. Nous y perdons notre enracinement. Au milieu de ce monde performant l'être humain se sent de plus en plus seul et de moins en moins en sécurité. Soit il est débordé par ce qu'il vit et projette ses angoisses, soit il est en représentation et est en dehors de lui-même. La forme prend alors le pas sur le fond. Ces changements nous ont amené à faire évoluer notre travail en Analyse Bioénergétique. Comment résister à ces pressions, à ce stress, à cette agressivité qui nous entourent et qui nous font perdre notre enracinement ? Comment retrouver notre élan vital, vivre, nous laisser porter, aller vers la confiance en soi et l'amour. « C'est possible ». Cela signifie être présent à soi et à l'autre, oser montrer ses fragilités, et son humanité. Cela s'appelle l'amour. C'est ce que voudrait explorer cet atelier qui sera essentiellement expérientiel. Il proposera tout d'abord une exploration individuelle qui se poursuivra dans la relation à l'autre en dyades ou triades. Nous utiliserons des exercices pour ressentir, contacter, exprimer ou contenir nos émotions, prendre conscience de notre enracinement.

BIOGRAPHIE :Michelle Blateau - Psychopraticienne en Analyse Bioénergétique depuis 30 ans - Certifiée en Méthode de Libération des Cuirasses - MLC - (Marie Lise Labonté)Formée à la pleine conscience (Kabat Zinn).Exerce sur Paris et Lyon -Membre de la SFABE et membre du C.A. - membre de l'EFBA-P et de l'IIBA

Réf. : 49 - LANGUE(S) : Français

Wednesday, room 3, 09.00-10.30 AM

AUTEUR : Annie Nissou

Retour sur soi ou aller vers l'autre ...puis-je faire confiance ?

MOT CLÉ : Analyse Bioénergétique / Relation / Confiance

ORATEUR : Annie Nissou

SUJET : Qu'en est-il aujourd'hui de « la vie et l'amour » dans ce monde où l'autre est vécu comme de plus en plus menaçant ?Dès présent avant les attentats de Paris et Nice, maintenant c'est exacerbé...Ainsi les phénomènes sociaux régressent à un stade narcissique colorant la relation aux autres et au monde en méfiance, rejet...Mouvement paranoïaque où l'autre devient le persécuteur et soi la victime.. Notre société est narcissique ,la personne construit son monde autour d'elle-même : ce sont avant tout « mes » objets : « mon » portable, « mes »selfies, « mes »dossiers... véritable mise en scène de soi-même que l'on peut voir dans certains sites comme « Facebook » où des jeunes filles s'enregistrent sur leur façon de s'habiller, de se maquiller une façon de dire « regardez ce que je fais, ce que je suis... faites comme moi ». L'autre n'existe alors que comme faire valoir de la mise en scène de soi-même..Les dépendants du virtuel, comme les jeunes hommes Japonais n'arrivent plus à avoir de rapports sexuels avec une femme dans la réalité. L'Autre n'est supporté que comme projection de soi-même, de ses fantasmes, évitement de l'Altérité vécue comme menaçante : mouvement de régression du Moi qui ne permet pas de se tourner vers l'autre. L'Analyse Bioénergétique a pour objet de combiner le travail du corps, ses processus énergétiques et celui de l'esprit pour aider l'individu à résoudre ses problèmes affectifs et à mieux réaliser son potentiel de plaisir et de joie de

vivre.Cet atelier sera expérientiel en individuel et en dyades pour mieux cerner des zones de vous-mêmes que vous refermez, contrôle inconscient qui empêche l'expression de votre propre confiance à vous-même et à l'autre. Les objectifs seront de prendre conscience de son corps et de ses tensions, de ses coupures, les écouter et peut-être les transformer. Réapprendre à respirer, à apprivoiser sa voix et accueillir ses ressentis, les intégrer à son histoire et explorer la relation avec soi-même et les autres

BIOGRAPHIE : Psychologue au CHUN pendant 39 ans en Toxicomanie, Psychiatrie puis en Médecine Interne-Cancérologie & Psychothérapeute, Annie Nissou née en 1950, mariée, mère de deux enfants et grand-mère de trois petits enfants est Psychodramatiste –Thérapeute Familiale Systémique – Analyste Bioénergéticienne Certifiée & Superviseure, Membre de l'IABFS , de l'EFBA-P & de l'IIBA . Co-Fondatrice du « Collège des Psychologues du Centre Hospitalier Universitaire de Nice » (2003 - 2015), en a été la Trésorière puis la Présidente. Au CA de l'EFBA-P depuis 2003, en est la 4^eAdministratrice (2008) et Editrice de « BASIC » publié en Multilingues, Français, Allemand & Espagnol.Communications dans des Congrès Nationaux et Internationaux Publications d'Articles in « Le Corps et l'Analyse » : «Etre Psychothérapeute en Europe - De la Découverte du Soi à l'Appropriation de Soi...- Fonction Psychologue Clinicien : entre l'enclume et le marteau - Voir Venise et mourir - Corps délié,Corps relié»

Réf. : 53 - LANGUE(S) : Français

Wednesday, room 7, 2.00-3h30 PM

AUTEUR : Gautier Pidou

Le Sens de la Vie, à travers les liens entre Physique Quantique, Evolution, Spiritualité et Thérapie

MOT CLÉ : Amour / Sens / Vie

ORATEUR : Gautier Pidou

SUJET : La question du sens de la Vie est exigeante car elle nous renvoie à « Pourquoi ». Notre société occidentale a tendance aujourd’hui à se perdre dans le « Comment », rendant nos outils (de travail, de communication...) toujours plus « efficaces » : oui, mais pour aller où ? Des études récentes dans le monde du travail ont montré qu'à environnement égal par ailleurs, la perte de sens dans nos tâches quotidiennes est l'une des plus grandes sources de souffrance.Pour retrouver un sens, je nous invite d'abord à regarder de où nous venons, pour essayer de comprendre ce que nous sommes, et découvrir si par « hasard » ne se dessinera pas une direction naturelle...Nous explorerons entre autres les origines du monde dual, polarisé, dans lequel nous vivons (haut/bas, chaud/froid, ombre/lumière...) et qui, s'il est vécu comme tel, peut lui aussi être source de sentiments de manque et d'incomplétude. A travers les liens entre Physique Quantique, Evolution, Spiritualité, Thérapie, et une mise en pratique concrète, nous verrons que de cette dualité peut naître une histoire d'Amour qui nous ramène vers l'Unité.

BIOGRAPHIE :Gautier PIDOU, de formation ingénieur Arts et Métiers, a senti voilà 10 ans un appel à se « compléter » en allant à la rencontre de sa partie intuitive et sensitive, notamment à travers la formation de thérapeute psychocorporel biodynamique, métier qu'il exerce aujourd'hui à Lyon. La quête d'unité qui l'anime l'a également amené à s'intéresser à des approches connexes à la thérapie (énergétique, chamanisme, spiritualité...) tout en gardant l'œil du scientifique dans ses explorations. Ce parcours atypique et riche lui permet aujourd'hui de proposer une vision originale de ce que pourraient être l'Amour et le sens de la Vie.

COMMENTAIRE : conférence-atelier avec une alternance d'apport théorique (via powerpoint) et de pratique corporelle. L'atelier serait limité à 40 personnes.

Réf. : 56 - LANGUE(S) : Anglais

Wednesday room 8, 9.00-10.30 AM

AUTEUR : Alexander Kantor,Ph.D.

Love, Consciousness and Psychic Trauma.

MOT CLÉ : Consciousness and Self / Love / Psychic Trauma

ORATEUR : Alexander Kantor, Ph.D.

SUJET : Problem. The Love presents itself intensive vital for instance. The loss of love objects is a "narcissistic catastrophe"; about this in one of their own early work S. Freud called "intolerable idea". This event is changing conditions of the consciousness. Exactly at that time, these phobia sufferings seize the person wholly, and a critique can be suppressed completely and be accompanied these vegetative manifestations, phobias can concern whole, with what is bound life of the person. Consciousness and SelfThe category "consciousness" is used in psychotherapy in general sense as measure to normality and wealths of the psyche. Implicitly analysts are connecting the consciousness with Self. Exactly a rehabilitation (reconstruction) of patient ability to know and understand their own problems, interactions with psychotherapist, responsibility for myself, stay in actual - here and now - in the other word, "expansion of" consciousness" and Self is an essence of the psychotherapeutic process. LOVE, CONSCIOUSNESS AND PSYCHIC TRAUMA No doubt there is an evolution's relationship between the psychic trauma of love loss and consciousnesses. The connections with consciousness, trauma love are presented and in religious-mythological tradition (for instance, in Bible). Mankind Forefather Adam due to knowledge about good and ill (gained as the Fall) has felt shame for its nakedness and, hereunder, own alienation. At the same time he and Eve lost the Absolute Lord Love and were sent by God from very comfort of the residence - a paradise garden - to the land to be responsible, heavy labour and death-rate; that, on nature of the punishment, amounting to psychic (and not only psychic) trauma. The development of consciousness as a rule is the separation from love inspiration: "in many wisdom there are much sadnesses; and who multiplies the cognitions, multiplies the grief" (Ekklesiast, 1:18), "Word wise as needles, as hammered... Full text SEE in "Free Text"

BIOGRAPHIE : Dr. Alexander Cantor Ph.D. Date of birth: 5.01.1950 Education: 1968 - 1973 Studied at the History Faculty of Moscow State Pedagogical Institute, 1979-1983 Studied at the Psychology Faculty of Moscow and Rostov-on-Don State Universities, the profession of "Health Psychology", specializing in "Psychoanalysis". Employment : 1973-present: schoolteacher, museum guide, lecturer at universities; also clinical psychologist in centers for psychotherapy, rehabilitation and private psychotherapist. Published: About 200 works, among them some textbooks, a monograph, about 20 articles were printed in USA, Israel, Chile, Australia, Latvia, Ukraine. Congresses & Conferences: made more 40 reports at Russian and International conferences/congresses. Membership: The World Council for Psychotherapy (Austria), The European Association University Teachers of Psychoanalysis (EAUTP, London), The Russian Psychoanalytical Society (Moscow)

Réf. : 59 - LANGUE(S) : Français

Friday, room 7, 2.00-3.30 PM

AUTEUR : Félix Haubold

Vivre en paix avec SOI- de l'importance du groupe et de la prise en compte des expériences du corps

MOT CLÉ : corps / groupe / essence

ORATEUR : Félix Haubold

SUJET : L'être humain est composé de nombreuses facettes, souvent complémentaires, parfois contradictoires. Il vient au monde avec son Essence et il développe une structure de protection autour de ce noyau. Le désir d'être Soi repose sur l'aspiration à vivre en paix avec toutes les parties de soi-même. Mais que connaissons-nous et que pouvons-nous accepter de nous-mêmes, puis à quelle part donnons-nous le pouvoir de créer la vie que nous désirons? La Psychologie Biodynamique postule que cette essence, ce noyau est sain et comporte un potentiel de vie que nous cherchons à réaliser. Elle confirme aussi qu'il est primordial d'écouter le corps avec son système d'autorégulation et l'intelligence inouï qu'il porte en lui. Le travail de groupe permet aux participants de sortir d'une perception étroite d'eux-mêmes, de leur isolement et de trouver le soutien précieux chez leurs pairs, autre que dans la thérapie individuelle et bien différent aux relations sociales. La rencontre avec l'autre révèle encore des aspects inattendus, importants à considérer. Que pouvons-nous apprendre de ces expériences? Le groupe ouvre aussi au thérapeute la possibilité d'observer des dynamiques nouvelles ou bien un regard neuf sur ce qui bien connu chez la personne accompagnée. Inviter la vitalité par le mouvement, les jeux et le toucher permet aussi l'émergence de facettes nouvelles ou méconnues jusqu'alors. Celles-ci peuvent être prises en compte pour créer une vie qui correspond mieux à nos besoins profonds de tous niveaux (physiques, relationnels, spirituels etc.). Dans ces ateliers de groupe

nous donnons aussi une place importante à l'intégration qui permet d'ancrer le vécu et aide à digérer les tensions relativement à celui-ci. Je vous propose un atelier expérimental (mouvement, méditation, jeux) suivi d'un temps de questions/réponses.

BIOGRAPHIE : Félix Haubold est né en Allemagne en 1964 et vit en France depuis 1990. Il est thérapeute psychocorporel biodynamique et superviseur pour thérapeutes, formé (5ans) et diplômé par l'Ecole de Psychologie Biodynamique à Montpellier/France. Il est membre individuel accrédité par EABP (l'Association Européenne de Thérapie Psychocorporelle). Dans sa recherche de l'accompagnement des êtres humains, il lui importe particulièrement l'accueil de la personne là où elle en est, puis de soutenir son évolution qui prend en compte son essence et sa structure de protection. Il anime plusieurs stages ou groupes de thérapie psychocorporelle comme »Etre Soi» ou « Re-naissance...place aux chemins nouveaux » et il co-anime « Sur le chemin du Héros » avec Fanny Bonnier.

Réf. : 62 - LANGUE(S) : Français

Wednesday, room 8bis, 11.00-12.30 AM

AUTEUR : Alexis DELEPLANCQUE

Escrime et Gestalt (Fencing and Gestalt) s'escrimer avec la vie dans un mouvement de croissance

MOT CLÉ : ESCRIME / GESTALT / CORPS

ORATEUR : Alexis DELEPLANCQUE

SUJET : Propos : une mise en mouvement ludique et sécurisée pour expérimenter le cycle du contact selon l'approche Gestaltiste. Observing contact cycle while trying out the fencing interactions Objectifs : • Expérimenter le cycle du contact et ses modalités d'interruption dans une interaction ludique • Awareness : comment je vis la confrontation avec différents partenaires ? • Consciousness : aller vers l'autre, recevoir le mouvement de l'autre vers moi, ou le refuser, tout cela en conscience • Dépasser une difficulté personnelle en étant mis à l'épreuve du sabre. Contenu de l'atelier : Dans un premier temps, un sabre à la main, vous vous familiarisez avec la technique de base de l'escrimeur : le salut, la position de garde, la marche, la retraite, l'attaque en fente. Viendra ensuite un temps pour expérimenter le toucher et être touché, avec un adversaire, puis un autre, dans une dynamique de collaboration. Vous expérimenterez aussi l'incertitude de la réponse de l'autre face à votre mouvement d'aller vers lui. Enfin, vous serez mis à l'épreuve du Sabre, vous affronterez la difficulté personnelle que vous souhaitez dépasser dans une perspective de croissance. Nombre maximum de participants : 20 pour un espace de 60 m² minimum - 10 pour un espace de 35 m² minimum Attendu des participants : une tenue vestimentaire souple (ni jupe ni talon)

BIOGRAPHIE : Alexis Deleplancque associe son expérience d'ancien sportif de Haut-Niveau en Escrime avec sa pratique de Gestalt-thérapie individuelle et de groupe pour vous proposer cet atelier original, à la fois ludique et puissant.

Réf. : 73 - LANGUE(S) : Français

Tuesday, room 8, 12.45-1.45 PM

AUTEUR : Armelle Fresnais

L'amour au 10 visages

MOT CLÉ : Universel / Expérimentation / Co-créer

ORATEUR : Armelle Fresnais - Yolande du Fayet de la Tour

SUJET : Le propre d'une grande question, et l'amour en est une, est de rester ouverte à la pensée et de se retrouver sous différentes formes dans le quotidien de toutes les époques et ce quel que soit le siècle ! Pour regarder ces formes nous partirons de notions dont les origines sont grecques. Dans cet atelier, le but que nous poursuivrons sera de questionner les différentes manières d'aimer et de nous interroger à partir de cet outil sur notre travail clinique.

BIOGRAPHIE : Armelle Fresnais, Gestalt-thérapeute en libéral auprès d'adultes ; elle exerce en cabinet sur Nantes (thérapie individuelle et thérapie en groupe). Superviseure et Psychologue-Psychothérapeute, elle intervient

également dans les organisations médico-socio-éducatives auprès des équipes de professionnels et des directions. Psychopraticienne relationnelle (organisme certificateur SNPPsy), elle est aussi formatrice à l'Ecole Parisienne de Gestalt et auteure d'articles pour des revues : « Les Cahiers de Gestalt-thérapie », « La revue de Gestalt », « La lettre du Grape », « La revue du Syndicat National des Psychologues ».Yolande du Fayet de la Tour, Gestalt thérapeute en libéral pour enfants et adultes, superviseur pour des analyses de pratiques dans le secteur médico-socio-pédagogique. Depuis 5 ans, elle co-anime avec Frédéric Asselineau un groupe de thérapie à Paris. Elle est également coach et formateur en entreprise et Présidente de la Société des Coachs et formateurs gestaltistes.

COMMENTAIRE : Objectifs d'apprentissage• Découvrir un outil « atemporel », « universel » qui prend en compte 10 différentes manières d'aimer. • Expérimenter cet outil. • Relier cet outil à des disciplines psycho thérapeutiques ainsi qu'à des concepts et notions en vigueur dans ces mêmes disciplines. • S'interroger sur comment la connaissance de cet outil peut-elle être utile dans une visée thérapeutique.Le contenu de l'atelier• Présentation didactique et succincte de l'outil à partir d'un power point français/anglais (Durée : 30 mn)o Présentation en grand groupe. • Expérimentation de l'outil à partir de consignes (Durée : 30 mn)o Travail individuel suivi d'un travail en sous-groupe de 4 personnes. • Réflexion sur d'éventuels apports ou pistes de réflexion de cet outil dans un travail thérapeutique à partir de consignes. (Durée : 30 mn)o Travail en sous-groupe de 4 personnes. • Restitution des travaux de chaque sous-groupe sur feuille de paper board. • SynthèseQuelques références pour animer cet atelierDes philosophes : André Comte-Sponville, Jean-Yves Leloup...Des psychothérapeutes : Catherine Bensaid, Erich Fromm, Sylvie Dunn...Le matériel pédagogique• Ordinateur portable. • Fiche pédagogique et bibliographique seront remises aux participants. • Feuilles de paper board et feutres (pour chaque sous-groupe). Ce qui est attendu des participantsLa méthodologie utilisée dans cet atelier sera didactique, expérientielle, réflexive et interactive. Il est donc attendu des participants une contribution active. Ils seront avec les animatrices les co-auteurs de cet espace de réflexion, de travail et de partage.Le nombre de participants24 personnes maximum

Réf. : 97 - LANGUE(S) : Français/Anglais Wednesday, room 8bis, 2.00-3.30 PM

AUTEUR : Kerstin Löwenstein

Yoga in body orientated psychotherapy - A fourhold shaping process of individuation

MOT CLÉ : yoga therapy, dance therapy, movement therapy, body psychotherapy, / anxiety disorders / Spiritual individuation

ORATEUR : Kerstin Löwenstein

SUJET : Goal: To learn a fourhold shaping- process of spiritual individuation with Yoga exemplary for basic anxietiesLearning outcomes: Some yoga exercises especially "konasana" in a fourhold shaping process

BIOGRAPHIE :Kerstin Löwenstein, Dipl.-BiologinHP Psychotherapie (EAP), Tanz-/Ausdruckstherapeutin, Ausbilderin, Supervisorin BTD. Yogalehrerin (BDY, zertifiziert), 1. Preis ex aequo IAACT 1996. Autorin, langjährige klinische Erfahrungen, Praxis für Körperpsychotherapie, Yoga & Gesundheitstraining in Bad Honnef seit 2001

COMMENTAIRE : Scientific studies with mental disorders show therapeutic results with yoga similar to those achieved with psychotherapy. Yoga based breath and movement exercises and meditation can be used for body-based single or group therapy. Psychotherapy as well as traditional and new forms of yoga differs as far as the attitude towards the human being is concerned. The main question is how yoga can stimulate a spiritual-wholly kind of individuation with a social meaning within the body-orientated psychotherapy. A four-phased yoga-designed process includes body, soul and spirit, so that in our experience anxiety disorders according to Riemann can be met better in every day's life. Expectations from the participants: (body orientated) psychotherapists interested in spirituality and/or yoga, Maximum numbers of participants: 20

Réf. : 105 - LANGUE(S) : Anglais Wednesday, room 8, 12.45-1.45 PM

AUTEUR : Rodolfo de Bernart, Gianpaolo Lombardi

Indecent proposals in family psychotherapy: borderline and psychotic « Love »

MOT CLÉ : Borderline / Psychosis / "Love"

ORATEUR : Gianpaolo Lombardi, Rodolfo de Bernart

SUJET : Borderline and Psychosis functioning are a precipitate of biological, epigenetic, psychological, relational, social and traumatic complexity. A focus on relational aspects shows a "systemic complicity" presenting "nuances" in verbal and non verbal communication which increases the risk of ending in a severe disorder. These families seem "differently able to love" where "love", often, means "seduction" (from Latin seducere: se "self"+ ducere "to lead to") with different ways and different levels of compulsion and with losing the capacity to evolve. The present work shows the "love" consequences in families with serious psychopathology and how some dangerous relational styles are declined in systemic psychotherapy sessions. In families with borderline functioning, seductive elements appear linked to a perverse communication, which can promote the investment in a dramatic "pleasure". In families with psychotic functioning, seductive communication suggests a "reassuring embrace" aimed to erase the borders of individual identity and of time. In both situations, indecent actions, shown in the video clips of family therapy, are produced by ancient needs which are organized across multiple generations. From the systemic view "Eros" in these families ends in "Thanatos" a death of the evolution of individual and family life cycle. In the second part, the workshop becomes experiential: we will show video clips of systemic therapy sessions and participants will discuss in small groups, with the aim of improving the ability to build a relational diagnosis according to the model of the Institute of Family Therapy of Florence.

BIOGRAPHIE : EDUCATION: Siena University, Italy, Faculty of Medicine and Surgery, M.D., 1998 POSTGRADUATE TRAINING: Siena University, Licensed Psychiatrist, 2002; Florence, Institute of Family Therapy of Florence, specialist in Family and Relational Therapy, 2002. Psychiatrist and psychotherapist in national health service and private since 2003. TEACHING ROLES: Teacher at Institute of Family Therapy of Florence, since 2010 to present, Teacher at Institute of Family Therapy of Pisa-Livorno, since 2010 to present. Adjunct Professor of Psychiatry University of Florence (Italy) since 2014. Many oral presentation in national and international conferences, coauthor "Immagini per raccontare, Raccontare per Immagini". MEMBERSHIP: full Member of Italian Society of Psychiatry (Italy) since 2012, full Member AFTA (American Family Therapy Academy) since 2014, board member AITF Association of Family Therapy Institutes (Italy), board Member WCP (World Council for Psychotherapy) since 2014.

COMMENTAIRE : No limit in the number of the participants

Réf. : 110 - LANGUE(S) : Anglais

Thursday, room 3, 4.00-5.30 PM

AUTEUR : Thea Bombeek

The art of therapy: healing through art

MOT CLÉ : art therapy / tools in therapy / healing

ORATEUR : Thea Bombeek

SUJET : Workshop content We live in very challenging times. In this workshop we show how art can be a way to get in contact with the inner beauty Art and by extension beauty has healing power on the human being. Through Prince Myshkin, the protagonist of 'The Idiot', Dostoevsky said: 'Beauty will save the world'. "Save" is maybe too optimistic or too naive, a bit like Myshkin himself. However much research confirms that beauty increases the life quality of people. Art contributes to make the world a "better" place. When babies listen to Mozart or Bach, they become calmer and fall asleep faster than babies that have TV or other background noises. Art has also a healing impact on patients. Patients who listen to relaxing music during surgery experience less stress and pain. They recover quicker. Furthermore paintings on the walls in hospitals have a pain-decreasing effect on patients. Especially nature landscapes have a beneficial impact. Patients need less pain medication. You use a glass mirror to see your face. You use works of art to see your soul. George Bernard Shaw In this workshop I share different ways of how you can use art in your therapy. Art invites you to slow down, to become more aware. If you open up to art, it touches you. Art moves you. Art touches your soul. You get in contact with your inner beauty. There is nothing that makes its way more directly to the soul than beauty, Joseph Addison During the workshop I share my own experience with the healing effect of art in my life. I will give examples of how I use art in therapy and what the impact is on clients. The workshop offers some exercises with art so that participants can experience how art gets them in connection with their essence. As Alain de Botton states: Art is a therapeutic tool that can accompany us. It brings joy and consolation. Through art we are

capable of becoming better versions of ourselves. Their own experience will overcome the reluctance of using art in their own therapy.

BIOGRAPHIE :Thea Bombeek is historian of art (University of Ghent) and holds a Master in Human Resources Management at the Management School of Antwerp (UAMS). She is a systemic contextual therapist (Leren over Leven) and creative therapist (Balans). After a 17 year professional career in the financial sector, she gave her career a completely different direction. Some people wonder how she made the switch from begin historian of art to therapist. For her it is evident because she considers all human beings are pieces of art. And she uses art as a tool in her practice to get clients in contact with their sensibility and inner beauty. She is a visiting lecturer at Leren over Leven (the Belgian Institute for Contextual Studies) and the Sociale Hogeschool Ghent (for social workers). She developed her own training program on 'Getting to know yourself better through art'.

COMMENTAIRE : Goal of the workshop • The experience of art can help people to get in contact with their inner beauty. • Getting in contact with art helps to slow down, helps to become more conscious and helps to get in contact with the inner source. • To learn some tools to practice with their clients
Learning outcome • Having the experience of how art helps the participants to get in contact with his inner beauty • Learn from experiences of other participants • Tools to practice with clients
Course of the workshop:
• Introduction: illustrate with scientific research the impact of art on the healing process of the clients. • Share some experiences of my practice how I integrate art in my therapy • 2 exercises to let the participants experience how art in therapy works • Some do's and don'ts when using art in therapy
Expectations from the participants: Be openminded to the experience of what the message of art might be for them. No knowledge about art is required
Maximum number of participants: 50

Réf. : 112 - LANGUE(S) : Anglais/ German

Wednesday, room 7, 11.00-12.30 AM

AUTEUR : M. Gesmann&Th. Rave, Germany

"Learning to brotherly love one's patient" - Balint group training as a method of Positive Transcultural Psychotherapy

MOT CLÉ : Balintgroup / Positive Psychotherapy / Psychosomatic medicine

ORATEUR : M. Gesmann&Th. Rave, Germany

SUJET : One aim of balint groups is to discover the supporting and vital capabilities and relationships of a patient and to lay emphasis on the capacities for reintegration and self-help.

BIOGRAPHIE :Mechthild Gesmann, MDSpecialist in Psychosomatic Medicine and Psychotherapy, ECPSenior physician Salinenklinik (private clinic), Bad SalzuflenInternational Basic Trainer of PPT (WAPP)Leader of the Westfalian Institute of Positive Psychotherapy and Counseling (WIPPB), Bad Salzuflen, GermanyandThomas RaveSupervisor (DGsv, DGPP), Postgraduate teacher of supervision and coaching, International Basic Trainer of PPT (WAPP)Leader of the Westfalian Institute of Positive Psychotherapy and Counseling (WIPPB), Bad Salzuflen, Germany

COMMENTAIRE : In this workshop we introduce a case work training method after the concept of Positive Transcultural Psychotherapy (PPT after Nossrat Peseschkian since 1977).Balint group training is a well developed method of understanding the doctor patient relationship and learning the therapeutic possibilities of communicating skillfully with patients. After choosing one or two cases the facilitator starts a brief interview with the presenter followed by a conversation with the group members. The group discussion follows five steps: observation and distancing, taking inventory, situational encouragement, verbalization and broadening of goals. The conductor helps to focus the discussion on the doctor patient relationship in a warm friendly and responsively way. The balint group is a completely confidential forum.According to the PPT the aim is to discover the supporting and vital capabilities and relationships of a patient and to lay emphasis on the capacities for reintegration and self-help. Oriental stories are used to change perspective.Workshop Language: GermanParticipants: physicians, psychologists, pedagoguesReferences:
- American Balint Society (2014): Balint Training- a "how to" manual in development- Peseschkian, Nossrat (1986, 2006): The Merchant and The Parrot, Oriental stories as Tools in Positive Psychotherapy, Springer

Réf. : 118 - LANGUE(S) : Anglais/français Wednesday, room 8, 11.00-12.30 AM

AUTEUR : Murray David Schane, M.D., Judith Pearson, Ph.D.

Sexual Trauma and the Developing Personality

MOT CLÉ : Sexual Trauma / Personality Development / Personality Disorders

ORATEUR : Murray David Schane, M.D., Judith Pearson, Ph.D.

SUJET : The formative interaction between childhood sexual trauma and the developing personality, the evolution of personality disorders and critical, highly specific and Amerlioartive interventions in psychoanalytically informed therapy.

BIOGRAPHIE : Murray David Schane, M.D. is a psychiatrist, a graduate of Stanford Medical School, trained in psychiatry at Einstein College of Medicine in New York. He worked as a clinician, teacher, supervisor and director of psychiatric residency training in association with Columbia University. Author of feature articles on the "father" of contemporary schizophrenia research and a radical arts program for the mentally ill. A book project is underway on the career of an extraordinary psychopath and sexual murderer. He is Past President of MaleSurvivor: National Organization against Male Sexual Victimization and Chaired its International Conferences 2003-2014. He is a faculty member of the International Masterson Institute founded by James Masterson, M.D., a post-graduate training program in the psychotherapy of personality disorders and psychological trauma, offered via videoconferencing and live in situ conferences to post-graduate students in the USA, South Africa, Turkey, Canada, and Australia.

COMMENTAIRE : The International Masterson Institute specializes in the treatment of personality disorders resulting from specific distortions in the sense of self. Early sexual trauma further distorts that self and significantly affects formative experiences within one's family. The Masterson Approach affords a treatment model that addresses both personality and trauma. That approach aggregates personality disorders into three categories clinically delineated by relational and behavioral styles and by revealed intrapsychic structures of the presentation of self: borderline, narcissistic and schizoid. Early sexual trauma may deform personality development variously:

- Incest merges power and attachment issues that forces a child into silent submission while radically impinging on his/her emerging sense of self.
- Sexual abuse by an extra-familial figure forces a secret bond between the child and the perpetrator that reinforces a malignant self-image, further playing upon possibly malignant parental relationships.
- Abuse, no matter how it occurs, creates in children a base of violent experience that may distort intrapsychic experience and deform personality. Emerging neurobiological studies demonstrate both the serious impact of early trauma as well as the plasticity of brain development that responds to treatment, both psychopharmacologic and psychotherapeutic. Strategies for treating trauma and personality disorders include:
 1. Assessing the major defense strategies of the disorders:
 - The borderline's failures to self-activate and to recruit others into care-taking roles.
 - The narcissist's need for perfect mirroring and lowered empathy as protection against infinitesimal self esteem.
 - The schizoid's fear of appropriation by and submission to others.- 2. Allowing the emergence of trauma history as interventions address defenses:
- Confrontation of acting out and self-sabotage in borderlines may trigger the recall of soul enslaving behavior by a perpetrator.
- Mirroring a narcissist while addressing his/her hidden pain may elicit the recall of an abuse that fostered a false, malicious idealization.
- Interpreting a schizoid's dilemma of withdrawal while craving connection may recall the forced submission and annihilation of self-regard by a abuser.

Réf. : 121 - LANGUE(S) : Français Tuesday, room 8, 11.00-12.30 AM

AUTEUR : Dr Annie Rapp

La place de la PNL-thérapie dans le champ des psychothérapies

MOT CLÉ : Programmation Neuro-Linguistique / Francophonie / Importance de la PNL

ORATEUR : Murray David Schane, M.D., Judith Pearson, Ph.D.

SUJET : La PNL, née il y a près de 40 ans de l'observation de grands psychothérapeutes, s'est rapidement développée en France dans le monde de l'entreprise où elle a imprégné le comportement de nombreux professionnels, Coachs,

Formateurs, Managers etc. Par contre elle n'a pas trouvé complètement sa place dans le monde de la thérapie. La Fédération NLPNL, des Associations Francophones des Certifiés en PNL, a entrepris cette année de combler cette lacune en développant l'image de la PNL dans le public et auprès des institutions en France et dans la Francophonie et en créant un Certificat de PNL en Psychothérapie.

BIOGRAPHIE : Annie Rapp est née à Lyon en 1942. À découvert très tôt avec la lecture de Freud que sa passion pour les Sciences Humaines la conduirait à être psychanalyste. Elle s'engage dans les études de Médecine puis s'inscrit en Psychiatrie dans les années post 68 et participe activement aux mouvements novateurs de l'époque (psychanalyse lacanienne, anti-psychiatrie et sectorisation) et au mouvement politique et syndical chez les jeunes Psychiatres. Dans la fin des années 70, déçue des résultats de la psychanalyse dans la psychothérapie des patients, elle découvre d'autres formes de psychothérapie, novatrices, plus actives venues de Californie, avec le Mouvement du Potentiel Humain. Elle s'y engage et quitte l'hôpital et le Secteur psychiatrique et la psychanalyse, pour l'exercice libéral et se spécialise en AT, découvre en 1982 la PNL et l'adopte. Sa fibre militante l'engage alors dans l'EAP, la FFdP et NLPNL pour faire reconnaître la psychothérapie et la Psychothérapie PNL.

Réf. : 123 - LANGUE(S) : Anglais Friday, room 8bis, 9.00-10.30 AM

AUTEUR : Chobanu Irina

Metaphors in Body-oriented psychotherapy

MOT CLÉ : body / muscles / understanding

ORATEUR : Chobanu Irina

SUJET : The aim of the master class is to show the connections between body language and its understanding, to show participants how to work with body symptoms. Metaphor is a literature tool used for comparison of different things or situations. Also metaphor can connect different objects. In the field of psychotherapy metaphor connects body symptoms with conscious understanding. We can say it connects body with mind. In this master class we will see how we can use metaphor to connect movements, symptoms, muscles involved, and Chinese meridians with emotions, cognition and behavior. The material of master class is based on investigations in the field of kinesiology. Any psychologist or psychotherapist can participate in this master class. There can be up to 25 participants.

BIOGRAPHIE : Irina Chobanu is psychotherapist, counselor, has a PhD in Medicine. She worked in a psychiatric hospital in Moscow as a psychotherapist. During 10 years, she worked as a psychotherapist and scientific researcher in a Scientific Research Institute for Emergency Medicine, in the Department of Crisis conditions. She started new program of psychotherapy for suicidal patients. In 2007 she became a PhD in Medicine, the name of the thesis was "Psychotherapy of suicidal patients according to their personality features". From 2009 until now, she is a docent of the Department of Psychiatry, Psychotherapy and Psychosomatic disorders. She teaches Psychotherapy and Suicidology to the doctors. Since 2000 Irina Chobanu started to create a new method – Psychotherapeutic kinesiology. In 2006 Psychotherapeutic kinesiology was approved as a method of psychotherapy. In 2011, she became a President of Association of Professional Kinesiologists. Since 2012, she guides the Institute of kinesiology,

Réf. : 126 - LANGUE(S) : Anglais Wednesday, room 7, 12.45-1.45 PM

AUTEUR : Masa Prijatelj, Birgitta Schiller, Elitsa Tilkidzhieva

Embodied Love

MOT CLÉ : physical expression of love / intimacy in 21st century / bodily awareness

ORATEUR : Masa Prijatelj, Birgitta Schiller, Elitsa Tilkidzhieva

SUJET : Love is a central concept of being in the world, especially now in the 21st century when through the development of the technology and quick life, we become more and more alienated from each other. The consumerism is creating the need to be platonic, the society is all about looks and easy access which enables us to get quick satisfaction of physical needs, but at the same time, makes the intimacy superficial. We can observe that this fake intimacy is acting as a defence mechanism from the real intimacy, which requires the courage to face the one's deepest fears - fear of intimacy, abandonment, rejection, exposure, being vulnerable and weak, losing oneself, coming into real contact, being mirrored and faced with denied aspects of oneself, losing control especially in the modern self-actualizing world, developing relationship dependency or even relationship addiction. Submerging oneself into these fears, the potential partners are often perceived as objects of satisfaction, which are the results of the projected fantasies, hindering the discovery and connection to the real person. However we cannot deny the need for real intimacy and love which lingers deep inside each of us. We recognize this not only in our private relationships, but also in the therapeutic encounters. We all strive for a real, intimate contact, the nature of which is characterized by acceptance, openness, joy, trust, care, ability to give-receive, and share. This workshop aims to explore our physical and intimate boundaries, as therapists and as individuals. We would like to raise the awareness of the body and bodily feelings through the conscious perceptions, experiences and physical expressions of love in order to shift the focus from pure rational to holistic understanding. Learning outcomes: It is essential for everyone, but especially for practicing therapists, to be aware of their own borders, blockages, patterns and fears – both mental and physical. Through the increased bodily perception

BIOGRAPHIE : Birgitta Schiller, BSc. Pth. is a master's student of psychotherapy science at the Sigmund Freud University Vienna. She is completing her psychotherapeutic training in "Psychoanalytic Individual-Psychology" according to Alfred Adler, and is working as psychotherapist under supervision since June 2016. She gained experiences by working with autistic children, assistance for disabled people and an internship at a psychiatric clinic. Currently she works at the Sigmund Freud Outpatient Clinic in Vienna, and in a private group practice. Through her interest for research she participated in different qualitative research projects related to psychotherapeutic training research, mental health at work, stress, psychosomatic symptoms and work-life-balance with the special focus on implementing psychotherapeutic interventions at industrial companies. Elitsa Tilkidzhieva, MSc. Pth. is an experienced licenced Gestalt therapist in Austria. She has pursued and finished her psychotherapeutic traini

Réf. : 135 - LANGUE(S) : Anglais/Espagnol Wednesday, room 8bis, 9.00-10.30 AM

AUTEUR : Armando Garcia

Love in action

MOT CLÉ : Love / three brains / Bioenergetics

ORATEUR : Armando Garcia

SUJET : Love in action
Goal: The core of the character is the problem with love. Love is manifested in three different ways that comes from the three parts of the brain. The archencephalon, that comes evolutionarily from the reptiles, gives rise to the instinctive love or pleasure love. The mesencephalon, gives rise to the love that comes from mammals; maternal or benevolent love, and the telencephalon, which gives rise to the neocortex, has to do with friendship, respect and ideals: admiration love. In the Bioenergetic Analysis we work the carácter, through the segments of the muscular armor from dynamic exercises. A complementary and integrative approach for the group work is to access from the fluid movement and different musics for the body segments. (Pelvic, abdominal, diaphragmatic, thoracic, neck, oral and ocular)
Lerning outcomes: Feel, express and unlock the tensions of the different segments helping their release, that provide new supports that facilitate awareness and action.
Workshop Contents: Movements from the energetic segments and centers, dance, contact, dramatization, relaxation, voice, silence and relationship. **Expectations of Participants:** Take conscience, integrate and manifest: love admiration, love benevolence and love pleasure in his daily life. **Time:** 90 minutes **Number of participants:** depending on the capapcity of the room for movement: 50 M2 25 participants; 100 M2, 40 Part. ; 200 M2, 80 part.
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García Núñez, A. (2008). Cuerpos, movimiento y armonización. En Revista Española de Terapia Gestalt. Nº 28. Cuerpo .Madrid.Garcia Nuñez, A. (2013). Integración de polaridades corporales: cielo-tierra/ femenin@-masculin@/ autor(a)-actor (actriz). Revista de la

A.E.T.G. Nº 33. Biología y terapia. Barcelona. Ed La Llave. Lowen A. (1977). Bioenergétics. Penguin Compass.Palcos, M. A. (2011). Del cuerpo a la luz. B. aires

BIOGRAPHIE :Armando García Body Psychotherapist. (26 years of experience).Degree in Biological Sciences. (1975-80). Madrid Complutense University.Certified Bioenergetic Psychotherapist, C.B.T. (I.I.B.A), Member of Madrid Society of Bioenergetic Analysis.Gestalt Therapist. Member of Spanish Society of gestalt therapy.Codirector,Teacher and Coordinator at Rio Abierto. Psychocorporal and transpersonal therapy for harmonic development. Member of International Rio Abierto.Workshops in Spanish Congress of Gestalt Therapy , International Rio Abierto congress (Uruguay, Brasil, Argentina, Spain), National Meetings of Bioenergetic Analysis...

Réf. : 136 - LANGUE(S) : Anglais/ Russian

Thursday, room 8, 11.00-12.30 AM

AUTEUR : Olga Ruban

Active mediation of marriages

MOT CLÉ : Mediation / Marriage / Dianalysis

ORATEUR : Olga Ruban

SUJET : Goal is to demonstrate work within the Russian methodology «Dianalysis» (case of discords reconciliation in a married couple): showing the features of Russian mentality, carrying out comparative analysis of mediation in Europe and Russia.Learning outcomes: Cultural peculiarities of people engaged in a conflict affect both process and outcome of the conflict. Participants gain new insights on Russian mentality and get acquainted with Russian methodology Dianalysis.Moderator selects a pair of volunteers and picks whichever case of a marriage conflict and simultaneously interacts with the couple and the audience. At the end analysis is conducted and feedback is given.Participants: around 20 people, no special conditions. Married couples in controversial, conflict situations, who realized the futility and inefficiency of their interaction models, come to mediation. It's good. Awareness of the problem is a key step towards the way out and is a huge breakthrough.Blaise Pascal said there are only two kinds of men: the sinners who think they are righteous and the righteous who think they are sinners. We are attended by the "righteous" - people who do not want to have their heads in the sand, they realize the presence of ill-being in their lives and are willing to expend their efforts to change the situation. The genuine support shown by the specialist is very important in the advance of clients towards a better-quality life.Assistance to such clients is to distinguish the principal delusion that complicates their lives out of a pile of rubbish that clients try to dump into the meditative setting, otherwise the mediator risks becoming a scavenger who disposes clients' raffle. People are in fact overloaded with excessive words, insults, selfishness. Giving heed to the things that complicate lives of our clients is a disservice. Specialist's task is to pinpoint the most principal matters. Dianalytic toolkit allows clients to achieve the renewed relationships step by step

BIOGRAPHIE : Psychotherapist, dianalyst, mediator.Director of "Novosibirsk Center of Mediation" (since November 2010).Chairman of the Union "League of Professional Mediators" (since March 2012).Full member and the Member of the Mediation Committee of Professional Psychotherapeutic League of Russia.Since November 2010 – Director of the "Novosibirsk Center of Mediation".October 2012 - July 2016 – Postgraduate education (doctoral degree), Institute of Philosophy and Law, Siberian Branch of the Russian Academy of Sciences.September 2004 - August 2012 – Studied psychotherapy and mediation at the school of Prof. Vladimir Zavalov, Department of Psychotherapy, Novosibirsk State Medical University, Institute of Dianalysis.September 1993 - June 2004 – Freelancer. September 1990 - June 1993 – Lecturer, Department of Philosophy and Political Economy, Zhambyl Institute of Pedagogics (Dzhambul, Kazakhstan).September 1983 - June 1990 – Studied at Philological Faculty, Tomsk State University.

Réf. : 139 - LANGUE(S) : Anglais/Espagnol

Thursday, room 8bis, 4.00-5.30 PM

AUTEUR : FRANCISCO GARCIA ESTEBAN

Promoting Life, Love and Sexual Enjoyment with Bioenergetic Analysis

MOT CLÉ : Life / Love / Sexuality

SUJET : We are living beings who, under the right conditions, have a natural tendency to be lively, look for meaningful and pleasurable interactions with other people, experience love, and enjoy sexuality. Unfortunately, in our early life, in our efforts to adapt to the demands of the environment in order to avoid conflicts, fearing losing the love of persons meaningful to us, we sometimes disconnected from our needs, desires, feelings... As a result of it, we may have achieved a certain feeling of safety, but probably at the expense of an inhibition of our vitality, of our search for pleasure, of our drive to get in close bodily contact with meaningful ones... Life may have become more secure, but also less meaningful and pleasurable. The above situation is frequently present in the realm of sexuality, where our drives for pleasure in that area often turned out to be conflictive. Bioenergetic Analysis, the therapeutic and personal growth modality created by Alexander Lowen upon the previous work of Wilhelm Reich, can help us in this century to regain our vitality and our capacity to love, enjoy sexuality and fully engage in meaningful and gratifying relationships within a couple and with our wider environment. It does that by working in an integrated way with body and mind from an analytical and relational perspective; by promoting the connection with the vital energy that drives our behavior in search of pleasure in all its forms, from bodily to spiritual; by analyzing the difficulties associated with being fully alive and in touch with our feelings and drives, difficulties that can eventually result in a reduction of our vitality and of our feeling of happiness. Basic concepts and techniques of Bioenergetic Analysis will be presented in this workshop through a theoretical and mostly experiential way. We will explore different ways of working with body and mind to promote our vitality, develop genuine feelings of love, and liberate the gratifying potential of sexuality.

BIOGRAPHIE : Clinical Psychologist, Master in Psychoanalytic Psychotherapy, Master in Human Sexuality, Psychoanalytic Psychotherapist certified by the Asociación Española de Psicoterapia Psicoanalítica "Oskar Pfister", Bioenergetic Therapist certified by the International Institute for Bioenergetic Analysis (IIBA) <http://www.bioenergetic-therapy.com>, Bioenergetic Analysis Supervisor (IMAB) <http://www.imab.es>. Representative of the European Federation for Bioenergetic Analysis-Psychotherapy (EFBA-P) <http://www.bioenergeticanalysis.net> in the European Association for Psychotherapy (EAP). Past President of EFBA-P. Past Vice-President of IIBA. Founder member of the Asociación Estatal de Profesionales de la Sexología (AEPS). He is in private practice in Madrid, Spain, at the "Bioenergética Madrid" Center of Psychotherapy and Personal Development <http://www.bioenergetica.es>. He likes to integrate different approaches to promote human wellbeing in all areas of life and particularly in sexuality.

COMMENTAIRE : Participants: Maximum 24

Réf. : 143 - LANGUE(S) : Anglais Thursday, room 3, 12.45-1.45 PM

AUTEUR : Dr. Ali Özden Öztürk, Gizemnur Öztürk

Use of Hypnosis and Positive Psychotherapy Integratively for a Breast Cancer Patient

MOT CLÉ : Awareness Under Conscious Hypnosis (AUCH©) / Positive Psychotherapy / Complementary and Integrative Medicine

ORATEUR : Dr. Ali Özden Öztürk, Gizemnur Öztürk

SUJET : Goal: In this workshop it will be illustrated the integrative and complementary use of AUCH© and PPT in a Breast Cancer Operation to prepare the patient to the surgery and to help the patient to overcome the loss of an important body part for a woman, the symbol of motherhood and love. It will also be presented how to use hypnosis as the sole anaesthetic during this operation. Learning Outcomes: At the end of this workshop, the participants will be able to discuss the advantages of using AUCH© Method in a major surgical operation, and explain the integrative and complementary use of hypnosis and PPT. Workshop Content: Breast cancer patients may experience distress and depression related to the loss of an organ used for breast feeding, and thus an important way of expressing love and establishing an emotional bond between mother and child. In this workshop, it will be illustrated how to apply AUCH© to assist breast cancer patients to overcome psychological and social concerns; since AUCH© is a treatment method aiming to build and maintain psychological, physical, social well-being and life-time progress for the patient by making neurophysiological and neurobiological changes in attention, perception, memory, emotions and senses. Course of the Workshop: The application of AUCH© Method in a Breast Cancer Operation will be examined via a video demonstration. Then, the integrative and complementary use of AUCH© and PPT will be illustrated and discussed

through live applications with the participants. Expectations from The Participants: The participants are required to participate actively to the live applications of AUCH© Method and discussions. Maximum Number of Participants: 50

BIOGRAPHIE : Ali Ozden Ozturk, MD. (Turkiye) He is the founder member and the current President of Society of Medical Hypnosis (THD), Turkiye; former BOD member of European Society of Hypnosis (ESH); holder of European Certificate of Hypnosis (ECH); member of ESH; and member of International Society of Hypnosis (ISH). He is also member of World Association for Positive Psychotherapy (WAPP); Acupuncture Society, Istanbul, Turkiye; and Istanbul Acupuncture and Integrative Medicine Society. As a hypnosis trainer and supervisor, certified acupuncturist, positive psychotherapist and family consultant, he also makes interdisciplinary studies to elaborate, understand and improve the mechanism of hypnosis better. Besides his studies in numerous universities, he has had his private practice with applications of AUCH© (Awareness Under Conscious Hypnosis) for pain management, surgery and obstetrics, hypnoanesthesia, psychosomatic medicine, positive psychotherapy, family therapy, hypnoacupuncture etc.

Réf. : 148 - LANGUE(S) : Français

Tuesday, room 3, 4.00-5.30 PM

AUTEUR : Sylvie Schoch de Neuform

Amour et intimité en Gestalt-thérapie, ou « la rencontre à la frontière-contact »

MOT CLÉ : intimité / frontière-contact / Gestalt-thérapie

ORATEUR : Sylvie Schoch de Neuform

SUJET : Il est difficile de dire où nous commençons et où nous finissons, nous sommes une perpétuelle émergence de forces en mouvement, de vecteurs qui nous font advenir sous telle ou telle forme, dans le flux permanent de l'interaction de ce qui vient de l'organisme et de l'environnement. La Gestalt-thérapie utilise le terme de frontière-contact pour désigner ce qui sépare et relie, l'interface avec le monde qui nous constitue et nous transforme en permanence et qui crée un "entre" habité de nos présences. Dans la relation thérapeutique en Gestalt-thérapie, le "travail à la frontière contact" permet de se relier à l'autre en se reliant à soi, de plonger dans l'intimité de sa propre expérience avec le soutien d'un "nous" qui se constitue dans l'instant de la rencontre. Cette intimité co-crée ne passe pas, comme dans la Gestalt-thérapie des années soixante, par une intensification des émotions, qui est ce que la passion est à l'amour, mais par une pleine conscience de l'expérience de la relation, instant après instant, sans projet sur l'autre et dans une ouverture à l'inattendu. Elle fait une large place au corps dont le vécu, sous forme de sensations, de proprioceptions, d'impressions et de mouvements traduit l'interaction permanente, complexe et implicite de l'organisme et de l'environnement, dans le sens de « faire corps avec ». Autrement dit, c'est l'autre qui, en m'éprouvant, me donne à éprouver mon corps. Pour faire l'expérience de cette notion de frontière-contact, nous nous mettrons en position de l'éprouver le temps d'une rencontre asymétrique, en ce sens que l'un sera en position de thérapeute, et l'autre de patient (ou client). La discussion portera sur la façon dont on peut concevoir le changement thérapeutique à partir de ce qui est mis en jeu dans ce mode relationnel.

BIOGRAPHIE : Sylvie Schoch de Neuform est psychologue, gestalt-thérapeute, superviseur et formatrice à Paris. Sa pratique de base est la Gestalt-thérapie, et elle s'est formée en parallèle à d'autres approches, pour mieux comprendre les fondamentaux des processus de changement thérapeutique. Elle est membre agréé du Collège Européen de Gestalt-thérapie (CEG-T) et est l'auteur de nombreux articles et de chapitres de livres sur la Gestalt-thérapie publiés en France ou à l'étranger, ainsi que d'un livre : « un Dialogue Thérapeutique », publié aux éditions l'Exprimerie

Réf. : 152 - LANGUE(S) : Français

Tuesday, room 8, 4.00-5.30 PM

AUTEUR : Patrick Bobichon, Annick Leca

La Méthode Vittoz: une approche de pleine conscience intégrée qui apaise et relie

MOT CLÉ : Attention / Bienveillance / Conscience

ORATEUR : Patrick Bobichon, Annick Leca

SUJET : La méthode du Docteur Vittoz développe l'attention à soi, à l'autre et au monde. Faire attention, être attentionné, pour vivre et aimer. A l'époque où Freud découvrait l'inconscient, que Janet précisait les termes de subconscient, le docteur Vittoz a fait un choix différent : porter son travail thérapeutique vers l'élargissement de la conscience par une approche psychosensorielle basée sur la redécouverte de nos cinq sens, l'accueil de nos sensations et la conscience de nos actes, dans l'ici et maintenant. C'est pourquoi Vittoz fait partie des précurseurs dans les approches de pleine conscience. On parle d'approche de pleine conscience intégrée. Elle ne passe pas par une pratique formelle, comme la méditation, mais passe par des exercices simples qui s'intègrent dans la vie quotidienne. Cette méthode est psychothérapeutique : les exercices permettent la remontée de clichés et un travail en profondeur dans le dialogue. La Méthode Vittoz se pratique en individuel et en groupe. C'est en groupe que le programme FOVEA a été validé, dans le cadre d'une recherche scientifique pilotée par Rebecca Shankland, psychologue, chercheure au Laboratoire Interuniversitaire de Psychologie de l'Université de Grenoble, en collaboration avec l'Institut Vittoz IRDC. Le programme FOVEA est un programme de 8 ateliers de 2 heures de pratique d'exercices Vittoz en groupe, pendant 8 semaines. Les conclusions de l'étude scientifique associée (2013-2016) montrent que le programme FOVEA:- Accroît les capacités d'attention, de concentration et de mémorisation.- Augmente le bien-être subjectif (émotions positives) et psychologique (relations positives, optimisme, vitalité, intérêt)- Accroît la bienveillance envers soi et vers les autres- Améliore les compétences émotionnelles pour soi et en lien avec autrui- Diminue les effets du stress, de l'anxiété et des états dépressifs perçus. L'objectif de l'atelier est de proposer d'expérimenter une séance extraite du programme FOVEA -30 participants

BIOGRAPHIE : Bruston Rosie, Dr, Découvrir la méthode Vittoz, DDB, 2011. Bussillet Michelle, Habiter son corps découvrir son être Vittoz une méthode, une psychothérapie. Chronique Sociale, 2013. Gibert Francis, Guyon-Gellin Christiane, Dr Leca Annick, Vivre Mieux au quotidien - Vittoz mode d'emploi, 2012, La Chronique Sociale. Guyon-Gellin Christiane, Dr Leca Annick, Lien corps-psychisme. Apports du Dr Roger Vittoz, 2011, La Chronique Sociale. Mingant Martine, Vivre pleinement l'instant présent. La méthode Vittoz, 2013 Eyrolles VITTOZ IRDC, Face aux ruptures de la vie. La méthode Vittoz une réponse possible, Chronique Sociale, 2009. VITTOZ IRDC, Développer son attention et sa concentration, Chronique Sociale, 2008. VITTOZ IRDC, Vivre une (re)conquête de soi. Exercices Vittoz : souplesse, simplicité, sincérité, Chronique Sociale, 2013. Vittoz Roger, Dr, Traitement des psychonévroses par la rééducation du contrôle cérébral, DDB 2008. Shankland Rebecca, Les pouvoirs de la gratitude, Ed. Odile Jacob 2016

Réf. : 165 - LANGUE(S) : Français Thursday, room 7, 4.00-5.30 PM

AUTEUR : Vincent BEJA & Florence BELASCO

La psychothérapie, un art de la transformation mutuelle des regards

MOT CLÉ : Gestalt therapy / mutual recognition / development

ORATEUR : Vincent BEJA & Florence BELASCO

SUJET : Objectif/GoalCet atelier permettra aux participants d'éclairer la mutualité fondamentale qui préside au changement et de mieux percevoir la nécessité pour le thérapeute de faire cet effort constant d'accommodation de son regard à l'expérience du consultant. Apprentissages visés pour les participants/Learning outcomesApprendre à suspendre ses a-priori en se décentrant, en prenant d'autres points de vue. Augmenter sa mobilité attentionnelle. Description/Workshop contentComme tout art, la psychothérapie affecte ceux qui viennent à elle. Son souhait est de produire une affectation qui transforme durablement les êtres. Elle cherche à affecter la façon avec laquelle ils entrent en rapport avec le monde, la perception qu'ils en ont et la manière dont ils lui donnent sa forme. Mais cet art implique deux artistes: le consultant et le thérapeute. Changer n'est possible pour le premier que s'il se sent compris et accepté par le second. C'est cette acceptation qui lui permet de s'ouvrir à un nouveau regard sur sa situation. Réciproquement, pour le thérapeute, accepter la réalité pleine du consultant, ajuster son regard pour le voir et l'accueillir dans sa singularité est un acte d'amour qu'il lui faut toujours faire et refaire. déroulé/Course of the workshopMéthode expérimentuelle, travail en sous-groupes et partage en grands groupesPublic/Expectations from the participantsOuvert à tout thérapeute curieux des avancées de la thérapie expérimentelleNombre maxi/Maximum number: 30 participants

BIOGRAPHIE : Vincent BEJA Gestalt-thérapeute, formateur, superviseur, membre des commissions recherche de SFG-CEGT, EAGT, AAGT Florence BELASCO Gestalt-thérapeute, formatrice, membre de la commission mixte recherche SFG-CEGT

Réf. : 166 - LANGUE(S) : Anglais Wednesday room 7, 4.00-5.30 PM

AUTEUR : Judith Pearson, Ph.D., Carolyn Bankston, LCSW, Meral Aydin, M.A., Loray Daws, Ph.D.,

Diagnosis and Treatment of The Borderline Disorder: The Masterson Approach

MOT CLÉ : Borderline Personality Disorder / Masterson Approach / Psychodynamic Psychotherapy

ORATEUR : Judith Pearson, Ph.D., Carolyn Bankston, LCSW, Meral Aydin, M.A., Loray Daws, Ph.D.

SUJET : The Masterson Approach. Goal: Provide specific guidelines to the developmental precursors, diagnosis and treatment of BPD. Learning Outcomes: An enhanced understanding of BPD which will aid clinicians to more effectively understand, diagnose, and treat patients suffering from the disorder. Time will be allowed for attendees to ask questions and present case material. Attendees: No limit. Presenters: Judith Pearson, Ph.D.; Carolyn Bankston, LCSW; Meral Aydin, M.A.; Loray Daws, Ph.D.. Workshop Contents; Course of Workshop: The workshop will be devoted to material aimed at elucidating the theoretical underpinnings of the Masterson Approach to BPD, and the principles governing the disorder's diagnosis and treatment. Initially, there will be a description of the evolution of Masterson's formulations regarding BPD, citing his research and subsequent synthesis of developmental, ego psychological, psychoanalytic and object relations theories as they applied to the disorder. The theory's interface with current neurobiological theories and theories addressing attachment disorders and relational trauma will also be addressed. The criteria utilized in differentiating BPD from Axis I disorders, as well as other personality disorders will follow. DSM's symptom picture will be cited, but emphasis will be placed on the intrapsychic elements that define and differentiate the disorder: e.g. ego defects, primitive ego defenses, and the nature of the patient's internalized object relations. Finally, there will be an exposition of the principles governing the use of the interventions of confrontation, interpretation and communicative matching in the psychodynamic psychotherapy of patients suffering from BPD . Case material will be utilized to demonstrate relevant constructs. Keywords: Borderline Personality Disorder, Masterson Approach, :Psychodynamic Psychotherapy.

BIOGRAPHIE : Curriculum Vitae: Judith Pearson After receiving her Ph.D., Dr. Pearson began training at The Masterson Institute where she was supervised by Dr. James Masterson on treatment of personality disorders. Upon completing her training she became first a faculty member and then Clinical Director of the Institute. After Dr. Masterson's death, she was, in accord with his wishes, appointed director of the Institute, now become The International Masterson Institute. Dr. Pearson's work has consisted in teaching and supervision, as well as maintenance of a private practice. She has presented in numerous conferences throughout the world. Her publications include (with Alvin Pam, Ph.D.) *Splitting Up: Enmeshment and Estrangement in the Process of Divorce*. (Guilford Press), and book chapters including "Representations of Reality: The Analytic Quest for the Unnarrated Self," "Mirrors of Rage: The Devaluing Narcissistic Patient," and "The Masterson Approach to Differential Diagnosis.

Réf. : 175 - LANGUE(S) : Anglais Thursday, room 8, 12.45-1.45 PM

AUTEUR : Carolyn Bankston, LCSW, Judith Pearson, Ph. D., Meral Aydin, M. A., Loray Daws, Ph.D

The Masterson Approach: Diagnosis and Treatment of the Narcissistic Personality Disorder

MOT CLÉ : Masterson / Narcissism / Psychotherapy

ORATEUR : Carolyn Bankston, LCSW, Judith Pearson, Ph. D., Meral Aydin, M. A., Loray Daws, Ph.D

SUJET : Goal: To provide attendees with theoretical and practical guidelines in treating the narcissistic personality disorder. This will include the theoretical orientation of The Masterson Approach to NPD, proper diagnosis, and treatment of the disorder. Learning Outcomes, Number of Attendees: Participants should gain a clear understanding of the unique theoretical perspective of The Masterson Approach to NPD, how to properly diagnose the disorder, and the specific treatment modality for NPD. There will be time allotted for participants to ask questions and present cases. There is no limit on the number of attendees. Presenters: Carolyn Bankston, LCSW, Judith Pearson, Ph.D., Meral Aydin, M.A., Loray Daws, Ph. D.. Workshop Contents and Course of the Workshop: In order to facilitate an understanding of the The Masterson Approach to NPD, the workshop will consist of three segments including

Masterson's theory on the NPD, differential diagnosis, and the treatment modality for NPD. The first segment will address the basic underpinnings of the Masterson Approach, which integrates developmental, psychoanalytic, ego psychological and object relations theories. In addition, current neurobiological theory, theory on attachment disorders and relational trauma will be examined to elucidate how these more current theories, support and integrate with the Masterson model. Following, will be an examination of how Masterson differentiates NPD from axis I and other personality disorders. In this segment, special attention will be given not only to symptoms, but will also focus on the intrapsychic structure which includes ego functioning, primitive ego defenses, self and object representations and the affects that link those representations. Finally, mirroring interpretations, unique to the Masterson model, will be explored to provide participants with an avenue to properly administer effective treatment to persons with NPD.

BIOGRAPHIE :Carolyn Bankston is a licensed Clinical Social Worker practicing in Winter Park, Florida since 2002. She graduated from the University of Central Florida in 1999 with a degree in Clinical Social Work and practiced psychotherapy in a community mental health center, working with families with adolescents in the juvenile justice system, and victims of domestic violence. She also supervised a family therapy program and masters level candidates for the same organization. In 2007. Ms. Bankston began post-graduate work with The International Masterson Institute (IMI), receiving supervision from various faculty members, including James Masterson, M.D., and the current director, Judith Pearson, Ph.D.. in 2010 Ms. Bankston became a faculty member of the institute where she currently teaches and lectures around the world for various institutes and mental health professionals, while maintaining a private practice.

Réf. : 178 - LANGUE(S) : Anglais Wednesday room 8, 4.00-5.30 PM

AUTEUR : Maryke Harrison, MA, Conrad Camit, BS, Brandon Hoeflein, BA, Salvatore D'Amore, PhD, Janice Habarth, PhD, Peter Goldblum, PhD MPH, Dorothy Espelage, P

Beyond suicide risk assessment to resilience and reasons for living.

MOT CLÉ : Suicide / LGBT / Resilience

ORATEUR : Maryke Harrison, MA, Conrad Camit, BS, Brandon Hoeflein, BA, Peter Goldblum, PhD MPH

SUJET : This workshop will present research conducted by the Clinical Crises and Emergencies Research (CCER) and the Multicultural Suicide Research Center (MSRC) at Palo Alto University on the development of the Reasons for Living Inventory (RFL) for persons that identify as part of the LGBTQ community. The RFL, originally developed by Marsha Linehan, is used to assess suicidality by focusing on protective and resilience factors in individuals. The RFL inventory assesses reasons that prevent individuals from committing suicide when considering suicide as an option. Variances in reasons for living have been found among different cultural groups, particularly among individuals that identify as sexual or gender minorities. In the development of the cultural version of the Reasons for Living Inventory (C-RFL), themes among reasons for living were identified across cultures and culturally specific RFL scales were developed for cultural groups shown to be at-risk for suicide. One of these groups includes individuals who identify as sexual and gender minorities. The identified reasons for living were compiled to detect resilience and protective factors that are unique to sexual and gender minority individuals. The aim of this workshop is to provide useful information about the Cultural Reasons for Living Inventory and how it could be used to aid clinicians in the assessment and treatment of LGBTQ individuals at high risk of suicide. Additionally, this workshop aims to provide clinicians with the guidance to develop interventions that focus on protective factors, rather than risk factors, of suicidal behavior. The workshop will include a discussion about the adaptation of the RFL inventory to be culturally sensitive to sexual and gender minorities as well as a report of the initial findings and results of data collected from an LGBT clinic located in Paris.

BIOGRAPHIE :All of the following presenters are affiliated with Palo Alto University. Peter Goldblum is a co-founder of the UCSF AIDS Health Project and a visiting scholar Stanford. He is a pioneer in the development of community-based mental health programs for LGBTQ clients with over thirty-five years of experience serving this population in the San Francisco Bay Area. Maryke Harrison, MA founded a Special Interest group on risk, resilience, and reasons for living for IASP and has worked in HIV/AIDS prevention and education in South Africa. Brandon Hoeflein is a doctoral candidate working with LGBT individuals in rural communities and his research focuses on the individual psychological processes utilized by gender and sexual minorities to navigate negative religious experiences. Conrad Camit is a 2nd year Clinical Psychology Ph.D. graduate student specializing in diversity & community health and LGBTQ psychology. His research includes suicide assessment and prevention among diverse populations.

Réf. : 179 - LANGUE(S) : Anglais Wednesday room 8bis, 4.00-5.30 PM

AUTEUR : Sufi Psychology Association

Sufism: The Way Of Love

MOT CLÉ : Sufism / Self-Knowledge / Heart

ORATEUR : Lynn E. Wilcox PhD, Nasim Bahadorani MBS, Saloumeh Bozorgzadeh PsyD, Mohammad Sadoghi PhD

SUJET: For many years, meditation, visualization, and relaxation exercises that have a basis in various spiritual practices, have been used in a number of psychological modalities including Cognitive-Behavioral Therapy. Most of these practices have roots in Eastern religions such as Buddhism. However, there are practices of Islamic Sufism that are currently being used by some clinicians. Sufism is called the way of love, a journey into the inner dimensions of one's being where virtuous character traits reside. These traits, such as compassion, forgiveness, humility, resiliency, adaptability, honesty, etc., make up an over-arching experience of love. For the last few years, Tamarkoz®, a heart-focused concentrative practice that is unique to M.T.O. Shahmaghsoudi®, School of Islamic Sufism®, has been taught around the globe. Workshops, retreats, and even semester long courses at University of California, Berkeley are being taught on this practice. While the health benefits of some forms of meditation are well-established in scientific research, not much has been published on Tamarkoz®. A preliminary study showed Tamarkoz® to significantly reduce perceived stress, decrease heart rate, increase positive emotions (i.e. love, compassion, awe, etc.), and increase spirituality in its participants. The results demonstrate that the techniques are not limited to gender, race, religion or lack of religious preference, since love transcends these limitations. This workshop will allow attendees to learn about love as it has been presented for over 1400 years in Sufi Poetry, to experience Tamarkoz®, to learn about the physical and mental health benefits, and to understand the difference between Tamarkoz® and other meditative practices. Attendees will be asked to please wear socks and comfortable clothes as this workshop incorporates simple meditative postures and light movement.

BIOGRAPHIE :A multidisciplinary team from the Sufi Psychology Association will present a transcultural experiential workshop on Sufism, the way of love. Speakers are academics and professionals from the fields of Counseling Psychology, Clinical Psychology, Public Health, and Computer Science who have come together from different parts of the United States in order to present this holistic workshop.

Réf. : 185 - LANGUE(S) : Anglais Friday, room 3, 11.00-12.30 AM

AUTEUR : Meral Aydin, MA, Judith Pearson, Ph.D., Carolyn Bankston, LCSW, Loray Daws, Ph. D..

How to Diagnose and Treat Schizoid Self Disorder (SSD) in Masterson Approach

MOT CLÉ : Schizoid Self Disorder / Psychotherapy / Split Object Relations

ORATEUR : Meral Aydin, MA, Judith Pearson, Ph.D., Carolyn Bankston, LCSW, Loray Daws, Ph. D..

SUJET : Goal: Introducing Masterson Approach Psychoanalytic Psychotherapy how to Diagnose and treat Schizoid Self Disorder that does not meet with the proper diagnose and treatmentLearning Outcomes, Number of Attendees: Clinicians should be able to come away with an enhanced understanding of the developmental, diagnostic, and therapeutic principles put forth in the workshop, thereby allowing them to more effectively understand, diagnose, and treat Schizoid patients in their own practices. First half will use for theoretical introduction, in the second part there will be a case presentation that will illustrate how to sit with a SPD in the session room, how to understand and manage emotional distance and interpret schizoid dilemma. Time will be allowed for attendees to ask questions and present their own cases. There is no limitation on number of attendees. Abstract: Dr. James Masterson's extensive work with BPD began in 1950 then expanded with NPD as the International Masterson Institute. However, he saw that a group of clients, though quite functional at work, expressed themselves as emotionally alone, led withdrawn and isolated was of life, and noticed that these techniques did not turn out effective, and he has therefore moved to a new field of study called SSD. SSD is mostly comorbid with Generalized Anxiety Disorder, OCD, OCDD, Social

Phobia and Avoidant Personality Disorder. In the Masterson Approach, Klein conceptualizes the intrapsychic structure of Schizoid Self Disorders as comprised of two split defensive object relations units, with the master/slave unit of attachment consisting of part-self representation of being puppet or a slave, with the accompanying part-object representation of appropriating or coopting master. The linking affect is that being trapped and enslaved, but connected. The aggressive unit, what Klein has labeled the unit of nonattachment is comprised of a part-object representation who is sadistic, depriving and dan

BIOGRAPHIE :Meral Aydin, M.A. is a Clinical Psychologist who lives and practices in Istanbul, Turkey. She studied psychology at Maltepe University and applied (clinical) psychology in Istanbul Commerce University. She still continues her education in the field of clinical psychology doctoral program in Uskudar University. During her education, she paid attention to psychoanalytic studies and wrote her thesis about the developmental view of Masterson Approach in Borderline Personality Disorder. She completed the three year post-graduate program on Masterson Approach and then became a faculty member of the International Masterson Institute (IMI). She currently maintains private psychotherapy practice in Istanbul, also contributes to the study and treatment of personality disorders as the director, lecturer and supervisor of the Masterson Institute Turkey. She teaches and presents Masterson Approach to new students in Turkey since 2014.

COMMENTAIRE : I would like to take this opportunity initially introduce Masterson Approach and then open gate to for the future conferences to present our cross cultural work on Masterson Approach

Réf. : 191 - LANGUE(S) : Anglais Thursday, room 3, 11.00-12.30 AM

AUTEUR : Roman Ciesielski, World Association of Positive Transcultural Psychotherapy WAPP Board member, Polish Center for Transcultural Positive Psychotherapy,

Positive psychotherapy of nossrat peseschkian and crosscultural dimensions

MOT CLÉ : Transcultural Positive Psychotherapy / Nossrat Peseschkian / metaphors

ORATEUR : Roman Ciesielski, World Association of Positive Transcultural Psychotherapy WAPP Board member, Polish Center for Transcultural Positive Psychotherapy, Wroclaw Poland

SUJET : The goal of the workshop is to present the concepts and tools of Transcultural Positive Psychotherapy (PPT) and show their applications in cross-cultural context. The participants will get an overview of a new psychotherapeutic approach founded by Nossrat Peseschkian (1933 -2010) and will practice some of intervention tools by themselves. The discussion and exchange of experience will be facilitated on the subject how to adopt new ideas and skills in different socio-cultural settings. The workshop will include short theoretical part covering such Peseschkian's concepts as basic capacities, primary and secondary capabilities and psychodynamic conflicts. Afterwards some psychotherapy instruments as Differentiation Analysis Inventory (DAI) and Four Model Dimensions (FMD) will be introduced with references to clinical cases. The connections between cultural background and socio- and psychodynamic conflicts will be illustrated. Finally, the examples showing how we can use metaphors and cross-cultural references to revise and relativize culturally bound and conflicting values will be provided. The psychotherapists interested in cross-cultural aspects of psychotherapy are welcome. Maximum number of participants is limited to 20.

BIOGRAPHIE :Roman Ciesielski MD, PhD, psychiatrist in child and adolescent psychiatry, integrative psychotherapist and supervisor of psychotherapy of Polish Psychiatric Association, trainer and teacher of Transcultural Positive Psychotherapy, Board Member of World Association for Positive and Transcultural Psychotherapy, the head of Polish Center for PPT.

Réf. : 193 - LANGUE(S) : Français Wednesday room 8bis 12.45-1.45 PM

AUTEUR : Stéphanie Féliculis et Jean-Olivier Nahoum

(En) *jeux de couples durables en Gestalt*

MOT CLÉ : Gestalt / Couple durable / Audace

ORATEUR : Stéphanie Féliculis et Jean-Olivier Nahoum

SUJET : Le propos : Faire saisir comment la Gestalt peut penser le couple en général et le couple qui dure en particulier. La Gestalt considère que l'on donne forme à son couple en permanence aux travers d'expériences transformatives : rencontre, éducation des enfants, vie quotidienne, sexualité, tentations de mettre fin au couple, crises diverses... Notre regard sur le couple est celui d'une croissance et d'une créativité continue de ses formes, qui invite chaque partenaire à se reconfigurer en permanence. Les objectifs d'apprentissage de l'atelier : – découvrir ou mieux connaître une approche gestaltiste et son regard sur le couple – expérimenter, durant cet atelier, un couple durable et en traverser une de ses dimensions – partager, au sein d'un groupe de pairs, les évocations et réflexions suscitées par l'expérience vécue. Contenu de l'atelier : – après une prise de contact, les animateurs inviteront les participants à une expérimentation dont le détail sera révélé lors de l'atelier – un temps de reprise en petit groupe permettra de commencer à élaborer ensemble ce qui aura été vécu, un éclairage gestaltiste viendra agrémenter les échanges.

BIOGRAPHIE : Jean Olivier et Stéphanie sont Gestalt-thérapeutes. Ils vivent chacun personnellement l'expérience d'un couple durable avec enfants, depuis plus de vingt ans. Ils reçoivent régulièrement des couples dans leur pratique thérapeutique. Stéphanie Feliculis est psychologue agréée par le CEG-t, elle habite dans le sud-ouest de la France. Elle exerce la Gestalt-thérapie depuis 1999 et accueille des couples depuis treize ans. Jean-Olivier Nahoum intervient auprès des personnes, notamment des couples en cabinet privé à Toulouse depuis 10 ans au moyen de la Gestalt-thérapie et auprès des groupes constitués qui sont en difficulté par une thérapie spécifique de nature sociale.

COMMENTAIRE : Ce qui est attendu des participants : Être prêts à vivre une expérimentation audacieuse tout en étant respectueuse. Nous souhaiterions que vous soyez le plus nombreux possible à notre atelier et idéalement au moins 20 ou 30 personnes.

Réf. : 194 - LANGUE(S) : Anglais Friday, room 8bis, 12.45-1.45 PM

AUTEUR : Jop te Kiefte and Jorn Hogeweg

Psychodrama as Theatre off the Brain

MOT CLÉ : Experiential psychodrama / Action therapy / Neuroscience

ORATEUR : Renee Oudijk

SUJET : The current human brain dates from ancient times. Brain Theater is a form of guidance based on modern neuroscience and originating mainly from psychodrama, transactional analysis and scheme therapy. Participants in Brain Theater may come to notice that they are freer in life, as if something has shifted in their brains which gives them a different perception of themselves and/or the world.

Neuroscientists distinguish five components that have turned us into the successful species we have become. They are as follows: 1) self-awareness, 2) recognizing the mental states of others, 3) controlling yourself, 4) detecting 'in-group and out group' threats and 5) the resting system. The setting in which Brain Theater takes places is a visualization of the different brain functions on the floor. Their positions are as follows: • The Basic Emotions: Anger, Sadness, Shame, Fear, and Happiness, represented by five blocks • The Protector: a wheelchair protecting feelings • The Critic: a black chair that represents the punishment side • The Support: a heart-shaped pillow that functions as a support for the

Protagonist • The Healthy Adult: a long (green) mat • The Body Mat: the physical experience of an event. Brain Theater starts with someone introducing a certain issue or event in his or her personal life. Sometimes we cannot express the cause of our malfunctioning and we have no other experience to compare. The Protagonist's situation is laid out on the floor of the playground. The roles at the certain positions can be played by the Protagonist or group-members. The aim is to strengthen the Healthy Adult which is reached by passing through the various stages of Brain Theater. Brain Theater is experimental. In Brain Theater we are spectator of the show, while at the same time we are the main character.

BIOGRAPHIE : Dr. Jorn A. Hogeweg is born in 1960 in Utrecht, the Netherlands. He studied physiotherapy and clinical neurosciences in Amsterdam. He worked in general hospitals, a rehabilitation center and a private practice as a therapist. Besides in the Netherlands, he worked in Worms, Germany. Now, he works in his own private practice (PELS instituut), as well for the Institute for Applied Neurosciences (ITON) in cooperation with the Free University (VU) in Amsterdam as a teacher. In his work with clients, he uses Brain Theater, based on Psychodrama, Neurosciences and Schema Therapy. Brain Theater is a metaphor for the complex organization of men's mind.

Renée Oudijk. Born in 1938 in The Hague, the Netherlands.

She studied Fine Arts in the Hague; Theater in Maastricht; Pedagogy and Adragology in Sittard; MA Social and Community Studies in Leicester (UK). She is state licensed Psychotherapist in the Netherlands, main modality Psychodrama. She gave since 30 years presentations and workshops about her work at many institutes and congresses all over the world. She wrote articles and some chapters in books, about psychodrama and/or psychotherapy. She is TEP Psychodrama of the Nordic Board and the Dutch Belgian Board of Examiners, international Expert for Psychodrama at EAP (TAC). She is psychotherapist with long year experience in psychiatric hospital and since then working in her own practice. Besides she is director of the School of Psychodrama in the Netherlands. Besides she is founder and co-founder of many organizations. She is Chairperson of the European Standard Training Committee ETSC of EAP, and involved in formulating European Psychotherapist Competencies. Furthermore she is mother of six children and a grandmother of 12 grandchildren.

COMMENTAIRE : Maximum number of participants: 25

Réf. : 204 - LANGUE(S) : Français Thursday, room 8bis, 11.00-12.30 PM

AUTEUR : Norbert Apter

Le Psychodrame Humaniste: une méthode pour résoudre les conflits

MOT CLÉ : Moreno / Rogers / Conflit

ORATEUR : Norbert Apter

SUJET : Tant J.L. Moreno que Carl R.Rogers ont eu à cœur de faciliter la résolution de conflits; les conflits intérieurs bien sûr, mais aussi les conflits interpersonnels. L'alliance de ses deux méthodes dans ce qui est appelé le Psychodrame Humaniste promeut, dans un cadre facilitant le développement, le dialogue agi et agissant. Le psychodramatiste donne au protagoniste, à travers diverses techniques (notamment les renversements de rôles), la possibilité, le pouvoir de commencer à dénouer par la mise en action, diverses sortes de conflits qu'il peut rencontrer. P.F. Kellermann (Kellermann, 1992) dénombre quatre principaux types de conflits classiques : • les conflits intra-rôles : ces incohérences conflictuelles, ces tiraillements au sein même d'un rôle et des diverses possibilités, pour la personne, de l'incarner • les conflits inter-rôles : ces difficultés à concilier divers rôles que la personne à assumer • les conflits de rôle intra-personnels : ces conflits entre la version du rôle selon le protagoniste et les attentes de son entourage quant à son rôle • les conflits inter-personnels de rôles : ces difficultés rencontrées entre collègues, ayant le même rôle à jouer (ex. entre psychothérapeutes d'une même approche ou entre formateurs d'un même module), et concevant ce rôle de manière sensiblement différente. Combinant apports théoriques et expériences pratiques, cet atelier présentera les manières d'être et les manière d'agir pour faciliter la transformation de ces 4 types de conflits.

BIOGRAPHIE : Diplômé de Harvard (M.Ed.) et pionnier du Psychodrame Humaniste en Suisse Romande, Norbert Apter est psychothérapeute reconnu au niveau Fédéral en Suisse. Il a complété deux spécialisations de psychothérapie :

l'Approche Centrée sur la Personne (Carl R. Rogers) et le Psychodrame (J.L.Moreno). Dans chacune d'elle il est accrédité Formateur, Superviseur et Psychothérapeute. En plus de sa pratique privée de psychothérapeute (individuels et groupes), Norbert Apter est associé-fondateur de l'Institut ODeF à Genève (www.odef.ch): dans ce cadre, il a animé depuis 1992 des Coaching, des Teambuilding, et des Médiations d'équipe, ainsi que des conférences et des formations dans une vingtaine de pays. Il est responsable de la Spécialisation en Psychodrame Humaniste de l'Institut ODeF et est auteur de nombreux articles en français et en anglais.

Réf. : 215 - LANGUE(S) : Anglais Thursday, room 7, 12.45-1.45 PM

AUTEUR : Johannes Peter, Georg Tecker

Gut-directed Hypnotherapy – scientifically grounded and helpful in gastrointestinal disease

MOT CLÉ : Psychosomatic / Gastroenterology / Hypnosis

ORATEUR : Johannes Peter, Georg Tecker

SUJET : Aim. While many people suffer from gastrointestinal conditions in the modern world, science increasingly recognizes mechanisms linking emotional life, brain, and bowels. Gut-directed Hypnotherapy is a scientifically grounded treatment which can offer therapeutic help. Studies indicate a successful reduction of symptoms and increased quality of life in Functional Gastrointestinal Disorders, and initial trials in Inflammatory Bowel Diseases have also been promising. The workshop gives insight into current concepts of psychosomatic gastroenterology, basic understanding of major gastrointestinal diseases as potential treatment targets, and the research and practical application of Gut-directed Hypnotherapy in different settings. Learning goals. Brief update at current scientific concepts linking brain and gut. Basic understanding of Functional Gastrointestinal Diseases (FGID) and Inflammatory Bowel Diseases (IBD) and their psychosomatic dimensions. Introduction to Gut-directed Hypnotherapy and its application. Personal insight from a bowel-oriented mindfulness experience. Workshop content. Introduction to current concepts of psychosomatic gastroenterology and the research and practise of Gut-directed Hypnotherapy. The concept of brain-gut axis and the effects of stress on the intestinal system. FGID and IBD and their psychosomatic dimensions. Gut-directed Hypnotherapy: origins, scientific evidence, experience and practical application in two different settings (standardized group therapy in 10 sessions at a University Hospital; embedded in a psychotherapy in a licensed setting). Bowel-oriented mindfulness exercise. Course of the workshop. Theory input and reports of application and practical experience with Gut-directed Hypnotherapy from two different settings, mindfulness exercise. Expectations from participants. Openness to a mindfulness experience. Max. number of participants: 35

BIOGRAPHIE :Johannes Peter is a clinical psychologist and researcher at the Medical University of Vienna, Working Group of Psychosomatic Gastroenterology (Prof. Gabriele Moser). Member of 'Kompetenznetzwerk Psychotherapie bei Darmerkrankungen' Georg Tecker is a Diplompsychologist and Psychotherapist, Initiator of the 'Kompetenznetzwerk Psychotherapie beiDarmerkrankungen': www.ced-psych.de [1]Employment at Asklepios Westklinikum HamburgAuthor of various books on inflammatory bowel diseases

Réf. : 216 - LANGUE(S) : Français/Anglais Wednesday, room 8, 2.00-3.30 PM

AUTEUR : Ahmed Rady, MD BCPC WCPC ECP ABMPP FAPA

being more flexible than restriction to principle driven CBT approach: could we enhance outcome?

MOT CLÉ : CBT / Integrative / indirect hypnotic

ORATEUR : Ahmed RADY, MD BCPC WCPC ECP ABMPP FAPA

SUJET : Learning Objectives: At the end of this interactive workshop attendees should acquire the following points:- applying basic concepts of CBT- overcoming dyadic mode- how to integrate different concepts to CBT therapeutic processAbstract: Cognitive Behavioral therapy is the psychotherapeutic modality most studied with substantial data

from literature providing good ground for evidence based practice. In fact even inside CBT different models of CBTs are there starting by more didactic empirical form developed by Elbert Ellis and a rather more depression specific models developed by Aeron Beck with a substantial progress over the last half century to develop more adapted models that suit a wider spectrum of mental illness. As far as one practice CBT, practical problems emerge particularly at the level of cognitive restructuring, How to boost therapy into a more positive outcome through integrating techniques from various psychotherapeutic approaches with keeping the cognitive approach therapeutic frame in a rather technique integrative model or assimilative integrative model , is an interesting area with special emphasis by integrative therapeutic approaches. The workshop focus on simple, practical and easy to apply techniques from indirect hypnotic communications and systemic approach of Palo Alto school that can be integrated within a cognitive therapy process

BIOGRAPHIE :Associate Professor of Psychiatry at Alexandria University, Egypt. Scientific Director of CBT training program at Alexandria Medical Syndicate, elected life fellow and Diplomate of the American Psychotherapy Association (APA) and serving at the Editorial Advisory Board of it's official journal 'Annals of Psychotherapy and Integrative Medicine' , Fellow and Diplomate of the American Board of Medical Psychotherapists ABMPP and serving as the Regional Coordinator. Awarded the European Certificate of Psychotherapy and awarded the ' 2015/2016 Educator of the Year Award ' received at the Biannual conference of ABMPP at Naples, Florida USA Oct 2015. Individual Member of the French Federation of Psychotherapy and Pschoanalysis FF2P,, the Society for Exploration of Psychotherapy Integration SEPI and Association pour le Developpement des Therapies comportementales pour les couples et les familles ADTCCF. Chartered Scientist Award 2010 by the UK Science Council

Réf. : 221 - LANGUE(S) : en Wednesday, salle 8, 2.00-3.30 PM

AUTEUR : Ahmed Rady, MD BCPC WCPC ECP ABMPP FAPA

Double sided argument for with and against data for a maladaptive thought: between practical efficac

MOT CLÉ : CBT / Moral / resistance

ORATEUR : Ahmed RADY, MD BCPC WCPC ECP ABMPP FAPA

SUJET : Learning Objectives: At the end of this interactive workshop attendees should acquire the following points:- applying basic concepts of CBT- double sided table argument as a basic CBT exercise- how to tackle the moral system engendering our decision of right and wrongAbstract: Cognitive Behavioral therapy is the psychotherapeutic modality most studied with substantial data from literature providing good ground for evidence based practice. The double sided argument is still the basic CBT technique to invite a patient to assess a maladaptive thought against reality with raising both data with in one column and data against on the other column so that patient is acquiring a structural thinking paradigm to verify his thoughts in logic coherent perspective. Practice really show a lot of resistance going there when we practice that. On has to raise the question of the source of those judgement , how our moral system reach a conclusion about what's right and what's wrong ? this workshop explore in brief and practical manner the development of moral system as well as how to apply such concepts to overcome resistance of discussing data with and against a maladaptive thoughts with patient in a CBT therapeutic frame

BIOGRAPHIE : idem précédent

Réf. : 226 - LANGUE(S) : Anglais

Tuesday, room 7, 12.45-1.45 PM

AUTEUR : Nevena Calovska, Slavica Gaidazis Knezevic , Jelena Manojlovic

UNPREDICTABLE MOMENTS IN COUPLE THERAPY

MOT CLÉ : couple therapy / meaning / unpredictability

ORATEUR : Nevena Calovska, Slavica Gaidazis Knezevic, Jelena Manojlovic

SUJET : Presenters will focus on therapeutic implications of unpredictable moments experienced in couple therapy. Goal of the workshop is to highlight how in unpredictable moments during therapy session, emerging perspectives and reflections upon these create context for therapeutic coordinated management of meaning with healing effect. In the course of the workshop participants will be asked to engage in exercises aimed to evoke experience of closeness and distance, competition for leadership, clarity and confusion, surprise, switching positions, all in couple. Four thematic questions will be put up, and participants will be asked to answer these from client's and therapist's position. Further reflections will be used to deconstruct different meanings attached to unpredictable moments. It is expected that participants will experience shifting from reactivity to responsiveness, and co-creation of a "new narrative". maximum number of participants: 50

BIOGRAPHIE : Nevena Calovska, MD, PhD, ECP, Professor at the Singidunum University in Belgrade, Department for Psychology, Secretary general of EFTA, Expert in TAC in EAP, Director of AST, EAPTI in Belgrade, Slavica Gaidazis Knezevic, MD, ECP, director of EAPTI ALTERNATIVA in Skopje, Macedonia, TAC expert in EAP, Secretary of EFTA TIC Chamber, Jelena Manojlovic, PhD, Professor at the Singidunum University in Belgrade

Réf. : 252 - LANGUE(S) : Français Friday, room 3, 12.45-1.45 PM

AUTEUR : Valérie Andrianatrehina

La gestalt-thérapie en groupe : une ouverture vers l'amour de soi et l'amour de l'autre

MOT CLÉ : Changement / groupe / bienveillance

ORATEUR : Valérie Andrianatrehina

SUJET : La Gestalt-thérapie considère qu'il n'est pas possible de dissocier l'être humain de son environnement : notre nature corporelle et sociale fait de nous des êtres situés. C'est une caractéristique fondatrice de notre humanité ! L'évolution actuelle de la société promeut un idéal d'autonomie où chacun exerce une relation de maîtrise vis à vis de lui-même et de ce qui l'entoure. Nous sommes de plus en plus seul ensemble ! Et nous perdons peu à peu la capacité d'établir une relation ajustée au monde, basée sur une attention à soi, à autrui, et à l'environnement. La Gestalt-thérapie de groupe propose une mini société dans laquelle nous allons découvrir *in vivo* qui nous sommes dans le social, à partir du concept de champ, emprunté à K Lewin, créateur de la psychosociologie. Nous considérons le groupe comme un contenant protecteur, un appui, un déclencheur de créativité et de bienveillance. La Gestalt-thérapie nous invite à être attentif à ce qui se passe pour nous dans la relation aux autres et à communiquer avec eux à partir de nos ressentis. Reconnaître qui je suis, comment je contacte les autres, m'accepter, apprendre à m'aimer sans jugement, et en face des autres, en leur présence, avec leur aide. La théorie paradoxale du changement est l'une des bases de la théorie de la Gestalt : si tu veux changer commence à devenir ce que tu es. Méthodologie : Au cours de cet atelier, nous faisons le choix de travailler avec un grand groupe. Nous présenterons rapidement quelques principes de la Gestalt-thérapie en situation groupale. Puis nous proposerons une expérimentation groupale permettant aux participants de se contacter, de communiquer avec authenticité et bienveillance avec les autres. Enfin nous terminerons par un rituel de clôture.

BIOGRAPHIE : Valérie ANDRIANATREHINA Gestalthérapeute et intervenante en MLC installée à Puteaux (92800) dans une pratique supervisée en individuel et en groupe. Superviseur. Formatrice associée de l'institut GREFOR (Gestalt-thérapie Recherche Formation), et à l'Académie du coaching. Twin coaching. Organisation et accompagnement de voyages apprenants. Compagnon Genesis, Diplôme Universitaire (DU) en phénoménologie psychiatrique. Auteur d'articles pour les Cahiers de la Gestalt-thérapie, la Revue Gestalt et la revue du Cercle Herméneutique.

Réf. : 256 - LANGUE(S) : Français Friday, room 8, 12.45-1.45 PM

AUTEUR : Séverine PLUVINAGE

La force du moment présent. Les processus corporels en Gestalt thérapie

MOT CLÉ : Gestalt therapie / Corps / Relation

SUJET : Le premier postulat de la Gestalt est l'indissociabilité de l'organisme et de l'environnement. Nous sommes perpétuellement en interaction avec notre environnement, ce qui par notre respiration ou notre alimentation. Par ailleurs notre corps garde la mémoire de l'ensemble de nos expériences relationnelles, y compris les plus précoces. Cette somme d'expériences va venir colorer nos relations actuelles et souvent déformer notre perception de la réalité. Le thérapeute propose avec stabilité et sécurité un mode relationnel non intrusif sensiblement différent qui va pouvoir s'élaborer avec le consultant. La posture Gestaltiste favorise la bienveillance, l'engagement et la responsabilité. Cet atelier propose d'expérimenter avec une conscience plus fine comment nos expériences relationnelles habituelles sont présentes ici et maintenant dans notre rapport à l'environnement et à autrui. Les objectifs de cet atelier sont : -Aiguiser son éveil sensoriel et sa conscience corporelle-Augmenter sa capacité à être attentif à l'autre sans perdre son propre centrage-Oser s'exprimer avec son corps et observer le corps de l'autre..-Donner force, responsabilité et liberté à votre être au monde, libérer ses potentialités.

BIOGRAPHIE : Je suis Gestalt Thérapeute certifiée par l'EPG (Ecole Parisienne de Gestalt) et titulaire du CEP (Certificat Européen de Psychothérapie). J'ai complété ma formation sur les processus corporels au Somatic Studies à New York City pendant 2 ans. La danse et l'équitation pratiquées depuis l'enfance m'ont ouvert à une grande attention aux mouvements et équilibres du corps. Je pratique en libéral à Paris et reçois les adultes en séances individuelles et en groupe. Je publie régulièrement dans la revue Gestalt depuis 2010 (N° 37, 39, 40, 43)

Réf. : 268 - LANGUE(S) : Français Tuesday, room 7, 4.00-5.30 PM

AUTEUR : Sophie de Puybaudet

La méditation dans la psychothérapie en Psychosynthèse. S'accepter et réduire l'anxiété

MOT CLÉ : Méditation / Psychosynthèse / Troubles de l'anxiété

ORATEUR : Sophie de Puybaudet

SUJET : « La méditation : ouverture sur l'acceptation de soi dans la psychothérapie en psychosynthèse. Application aux troubles de l'anxiété. » La méditation en psychosynthèse : ouverture sur l'acceptation de soi et troubles de l'anxiété. Cet atelier sera l'occasion de montrer à partir de l'analyse de cas de cliniques comment la méditation en psychosynthèse peut aider des personnes souffrant de troubles de l'anxiété à trouver l'acceptation de soi et l'ouverture. Qu'elle soit réflexive, réceptive, créative, la méditation en psychosynthèse facilite l'accès à l'inconscient et aux aspirations créatives et spirituelles du sujet qui prend une part active à son processus d'acceptation et d'ouverture. Pour le fondateur de la psychosynthèse, le docteur Assagioli (1888-1974), « nous sommes dominés par tout ce à quoi nous sommes identifiés. Nous pouvons dominer, contrôler tout ce dont nous nous dés-identifions. » La méditation de base en psychosynthèse, la méditation de désidentification vise à se désidentifier des contenus de la psyché (pensées, émotions, sensations...) et à construire « un centre » de guidance intérieur. Nous verrons comment des méditations comme celle de la désensibilisation émotive, de la sub-personnalité, du cercle de sécurité, du bon parent, du jardin intérieur ont permis aux cas présentés dans cet atelier d'entrer en contact avec leur partie tétanisée par l'anxiété et des parties inconnues. Comment ils ont pu reconnaître et accepter leur anxiété et sentir leur choix de s'ouvrir à des parties plus détendues, vivantes, joyeuses, en accord à leurs besoins réels et leur désir de réalisation personnelle et professionnelle. Une méditation sera proposée au cours de cet atelier pour vivre le processus intérieur d'une méditation en psychosynthèse.

BIOGRAPHIE : Sophie de PUYBAUDET, psychopraticienne en psychosynthèse, est titulaire du Certificat d'études de psychothérapie en psychosynthèse (CEPP) et du Certificat européen de psychothérapie (CEP). Membre de l'équipe pédagogique du Centre Source dirigée par Tan Nguyen (directeur du Centre-Source Ecole Française de Psychosynthèse et ancien vice-président de la FF2P), elle co-anime les sessions d'initiation « L'Arbre dans la graine » et le cycle de base « Psychosynthèse et ouverture créative ». Elle reçoit en séances individuelles enfants, adultes, couples, familles (en français, anglais, espagnol). Elle est par ailleurs titulaire d'un master d'études européennes (UPMF), d'une maîtrise de droit public (UAG), d'un diplôme de traductrice-interprète anglais-espagnol (ISIT).

Réf. : 270 - LANGUE(S) : Français

Friday, room 8bis, 2.00-3.30 PM

AUTEUR : Stéphane Béraut

La visualisation : nouvelles perspectives comme outil de changement en psychothérapie en psychosynthèse

MOT CLÉ : Visualisation / psychosynthèse / relations affectives

ORATEUR : Stéphane Béraut

SUJET : La visualisation : nouvelles perspectives comme outil de changement en psychothérapie en psychosynthèse. Applications à l'ouverture des relations affectives. Dans le domaine thérapeutique, nous savons que le changement dont la nature diverge selon les méthodes est l'objectif commun du thérapeute et du client. Le praticien utilise donc des outils variés pour mener vers la transformation, vers le changement recherché. Qu'en est-il de la visualisation, faculté mentale basée sur l'imagination, qui est vieille comme l'humanité? Quelles possibilités de changement son application offre-t-elle aujourd'hui au niveau des relations affectives? La Psychosynthèse fondée au début du XX siècle par le Docteur Assagioli (1888-1974) ami de CG Jung, préconise l'utilisation de techniques variées au sein desquelles la visualisation et son impact au niveau corporel, émotionnel et mental tient une place de choix. Nous développerons notre propos à partir de l'étude de cas cliniques. Nous montrerons comment la visualisation facilite l'émergence des ressources et engendre un nouvel équilibre relationnel dans lequel les besoins réels de la personne sont intégrés. Les participants seront invités à interroger leur pratique clinique sous l'angle de la visualisation et à expérimenter une visualisation en psychosynthèse pour compléter la théorie par la pratique.

BIOGRAPHIE : Stéphane Béraut, psychopraticien en psychosynthèse, est membre de l'équipe pédagogique du Centre Source-Ecole Française de Psychosynthèse dirigée par Tan Nguyen. Il est titulaire du Certificat d'études de psychothérapie en psychosynthèse (CEPP) et du Certificat européen de psychothérapie (CEP). Au sein de son cabinet à Rennes, il accueille en séances individuelles des adultes, des adolescents et des enfants. C'est après des études d'archéologie et plusieurs voyages qu'il s'est tourné vers la psychosynthèse.

Réf. : 280 - LANGUE(S) : Français Friday, room 8, 9.00-10.30 AM

AUTEUR : Andrianatrehina Valérie

A l'ère du big data, comment vivre ensemble, s'aimer ? Et quels psychothérapeutes devenons-nous ?

MOT CLÉ : gestalt-thérapie / phénoménologie / anthropologie

ORATEUR : Andrianatrehina Valérie

SUJET : Nous vivons actuellement une révolution technologique d'une ampleur sans précédent. Ce constat peut paraître sans rapport avec la psychothérapie. Pourtant la technologie, en construisant le monde et en nous le donnant à vivre, fait évoluer notre vision du monde et de l'humain. Dans ce monde numérisé du Big Data, notre quotidien produit des données dont le traitement ouvre des perspectives d'évaluation, de prospective, de gestion des risques, dans des domaines allant de l'industrie à la culture, de la religion à la santé, de l'écologie à la sécurité. Partout il s'agit de prédire l'avenir à partir du passé ! La capacité au lien, signe de notre humanité, s'atrophie : l'individu se voit enfermé dans un système auto centré, son identité consumériste lui étant renvoyée en miroir et les communautés occluses prolifèrent, l'expérience recherchée y étant celle de la réassurance, du familier, en réaction à un environnement complexe dans lequel l'altérité ne peut qu'apparaître dangereuse. Si le monde de l'Autre, avec les incertitudes qu'il suscite dans la relation, n'est plus désirable, alors le refuge numérique - scénarisé et répétitif - devient un espace de libération des pulsions, exhibant l'intime pour mieux le fuir, et niant la subjectivité comme possibilité de s'actualiser. Cette évolution sociétale transforme nos modes de pensée, nos façons d'être au monde et d'interagir entre nous. Il s'agit d'une révolution phénoménologique qui transforme nos structures perceptives, reconfigure l'idée que nous nous faisons de la réalité. Dans ce monde, quelle vision de l'Homme la psychothérapie

prônera-t-elle ? Selon la gestalt-thérapie, ce choix de posture dépasse le champ de la psychothérapie et s'ancre dans un espace citoyen de résistance : «Devenir soi-même et changer la vie font partie d'une seule et même démarche, la psychologie étant un instrument de transformation politique et la politique un instrument de transformation des mentalités. » (Goodman, 2001, p.85)

BIOGRAPHIE :Gestalthérapeute et intervenante en MLC installée à Puteaux (92800) dans une pratique supervisée en individuel et en groupe. Superviseur. Formatrice associée de l'institut GREFOR (Gestalt-thérapie Recherche Formation), et à l'Académie du coaching.Twin coaching. Organisation et accompagnement de voyages apprenants.Compagnon Genesis, Diplôme Universitaire (DU) en phénoménologie psychiatrique.Auteur d'articles pour les Cahiers de la Gestalt-thérapie, la Revue Gestalt et la revue du Cercle Herméneutique.

COMMENTAIRE : Méthodologie : Quelques points et enjeux de cette révolution seront présentés selon une perspective phénoménologique. Nous réfléchirons ensuite en sous-groupes à ce que la psychothérapie peut apporter à ce monde en pleine mutation. En conclusion les principales idées seront résumées au cours d'une assemblée plénière afin de se féconder mutuellement.Niveau technique de l'auditoire : Tout public Langue de présentation : Français Ressources techniques et technologiques : Vidéoprojection de l'écran de l'ordinateur, papier et crayon pour les participants, Organisation de la salle: chaises regroupées par petits cercles de 6 à 8 (selon le nombre de participants à l'atelier) Nombre minimum et maximum de participants : entre 30 et 60 personnes

Réf. : 292 - LANGUE(S) : Français/Anglais Friday, room 8, 2.00-3.30 PM

AUTEUR : Margot Esther Borden

Psychology in the Light of the East

MOT CLÉ : Integral Psychotherapy / Transpersonal Psychotherapy / East/West Psychotherapy

ORATEUR : Margot Esther Borden

SUJET : How do we realize our full potential? Is the answer found in the scientific approach and rigor of Western psychology or in the esoteric wisdom of the East? The answer lies somewhere in between. Over more than 30 years of personal and professional development, Margot Borden searched for a school of psychology that gave mind, body and soul room to deeply grow, heal and harmonize. She found in some schools the full human element was missing and, in others, the spiritual. Inwardly, she knew that at the very core of our being there is only love and, that love has an altogether deeper meaning than we can fathom. Her discovery of Eastern and Western models of Integral Psychology opened up the limitless possibilities she was seeking nourishing her soul's deepest longings and leaving room to continue evolving. This workshop will examine the evolution of psycho-spiritual beliefs and healing modalities in East and West. It conveys a vision of human potential and psychology that transcends the borders of East and West and opens the scope for a multi-dimensional, pluri-disciplinary and inclusive theory and practice for psychology. The participant is invited to go beyond current psychological scopes of treating symptoms or simple well-being. Margot Borden's journey and insights extend an invitation and means for transformation from ego to soul-consciousness for practitioners and seekers alike. This workshop will include experiential exercises.

BIOGRAPHIE :Margot Esther Borden has been working internationally as a psychotherapist since 1988. She completed her M.A. in Humanistic Psychology at University of Durham, UK and has trained in many psycho-spiritual healing approaches. Margot has a long-term dedication to personal and professional exploration of the physical, emotional, mental and spiritual aspects of human consciousness. Her search involves ongoing exploration and experience in many psychological and spiritual traditions, experiential therapies, Eastern meditation and yogic techniques.In addition to psychotherapy, Margot applies her unique vision and skill set to coaching, consulting and teaching. She does public speaking in Europe, India and the USA. Publications: Psychology in the Light of the East (Rowman & Littlefield, 2017), Spirituality and Business: Exploring Possibilities for a New Management Paradigm (Springer, 2010 / co-author, co-editor).

Réf. : 304 - LANGUE(S) : Français Wednesday , room 3, 12.45-1.45 PM

AUTEUR : Riadh Bouzid, Anissa Bouasker

Traitements des États de stress post-traumatiques par la NET chez les survivants de la torture

MOT CLÉ : torture survivors / narrative therapy / psychotherapy

ORATEUR : Riadh Bouzid

SUJET : Les survivants de la torture développent divers troubles psychologiques dont le principal est l'État de stress post-traumatique. Ce trouble est pris en charge par une psychothérapie spécifique, la Narrative Exposure Therapy (NET) dans le cadre de la réhabilitation des victimes. Cette technique est de plus en plus utilisée à travers le monde avec d'excellents résultats bien documentés.

BIOGRAPHIE : Dr Riadh Bouzid, psychiatre et membre fondateur de l'Institut Tunisien de Réhabilitation des Survivants de la Torture, Nebras. Professeur agrégé à la Faculté de médecine de Tunis.

Réf. : 310 - LANGUE(S) : Anglais/Français Friday, room 8, 11.00-12.30 AM

AUTEUR : Udi Oren and Isabelle Meignant

EMDR psychotherapy: A therapy for the 21st century

MOT CLÉ : EMDR / Healing / Trauma

ORATEUR : Udi Oren, Ph.D, Isabelle Meignant, MA

SUJET : EMDR Therapy is a psychotherapy method that focuses on the impact of memories of difficult life events on the human psyche and body. This integrative method includes elements from a wide variety of schools of therapy, that join its own unique contributions (of which bi-lateral stimulation of the two hemispheres is the most known). The goal of the method is to stimulate the processing of traumatic memories in the brain. The Information Processing system in the brain does its daily work with the endless amount of information (sensory, cognitive, emotional and somatic) coming to it. When a person goes through a difficult experience or experiences, the information processing system might not do its job properly, thus leaving the memory in its raw (unprocessed or semi-processed) form. These memories come up in the person's consciousness (as sensory, cognitive, emotional, somatic or behavioral symptoms) when the original memory is being triggered. EMDR Therapy uses the natural healing abilities of the human body and psyche, and enables the brain to overcome psychological problems in a way that resembles the body's ability to overcome physical difficulties. Since EMDR Therapy is a focused method, the therapy may bring about relatively fast results. It is important to keep in mind that the length of the therapy depends on the complexity of the issues and the resources of the client. EMDR Therapy is an Evidence Based Therapy. Based on a large body of research pointing to its effectiveness; it was recognized by many Mental Health professional and policy bodies around the world, including the World Health Organization (2013). In addition to PTSD and anxiety disorder, EMDR Therapy has been shown to be effective in a wide variety of psychological difficulties that are based on unprocessed memories, including family/couples issues, work/study difficulties, and a variety of somatic disorders, especially - but not only those known as psychosomatic disorders.

BIOGRAPHIE : Udi Oren, Ph.D. is an EMDR Europe accredited trainer, and an EMDR Institute Trainer (trained by Francine Shapiro, Ph.D.). He led EMDR training in Israel, Turkey, Greece, Czech Republic, Italy, Denmark, South Korea, Bulgaria, Hong Kong, Sri Lanka, Russia, Poland, Cameroon, Japan, Malta and France. Past president of the EMDR Europe association, he is the co-founder and co-chairman of the EMDR Israel Association. Dr. Oren is a clinical and medical psychologist specializing in the treatment of anxiety disorders, civilian and military trauma, and the psychological aspects of medical conditions. Director of the Israeli EMDR Institute, he served for over 10 years as a regional director of Mental Health Israeli service. Isabelle Meignant is an ECP Psychotherapist, clinical psychologist,

Systemic family therapist trained by Mony Elkaïm, EMDR Europe accredited Trainer she led various EMDR Training (army, police, psychiatric hospital) with her school: l'Ecole Française de Psychothérapie EMDR.

Réf. : 311 - LANGUE(S) : Français Friday, room 7, 12.45-1.45 PM

AUTEUR : Maryline Paoli Didry et Jérôme Lainé

AIMER aux féminins

MOT CLÉ : féminin / corps / art-thérapie

ORATEUR : Maryline Paoli Didry, Jérôme Lainé

SUJET : Durée : 60 minutes
Nombre de participantes : 16Y a-t-il une spécificité de l'amour au féminin ? Non, si et puisque l'amour est universel. Cependant, l'action d'aimer au féminin implique une originalité, doublée d'un infini de nuances.
Faire l'amour, parler l'amour, aimer d'amour, être en amour restreignent cet infini à trois dimensions essentielles : aimer avec le corps, aimer avec le cœur, aimer avec l'âme.
Notre proposition est d'aborder ce que pourrait signifier AIMER AUX FÉMININS en partant de la femme (en tant que corps) animée de sa féminité (en tant que relation) au cœur de son féminin (en tant que spiritualité).
Dans un cadre fait de respect et de confiance, l'atelier est animé par deux thérapeutes de l'Eepssa, psychanalystes, psycho-somatothérapeutes, Maryline Paoli Didry (diététicienne comportementaliste) et Jérôme Lainé. Chaque participante pourra y mener un travail personnel autour du féminin, de la féminité, de ce que cela signifie vraiment pour elle d'être (une) femme. Ce travail sera nourri de la vie et de la dynamique créative du groupe. L'atelier s'appuiera sur une partie découverte (mythe, conte), une partie théorique (distinction Femme/Féminité/Féminin) et une partie expérientielle (dessin, peinture, écriture, danse...) qui amènera chaque participante à mieux ressentir dans son intime qu'AIMER EST UN PROCESSUS A CONJUGUER AU PRÉSENT DE SOI ET DE L'AUTRE

B. Drouet-Rousseau Sexualité féminine. Bébé Dans le ventre d'EVEM-L Von Franz Alchimie, une introduction au symbolisme et à la psychologie Alchimie et imagination active Âme et archétypes C.G. Jung son mythe en notre temps La Délivrance dans les contes de fées La Femme dans les contes de fées La Mère dans les contes de fées C. G. JUNG AionMysterium CunjonctionisPsychologie du Transfert Racines de la conscience Métamorphose de l'âme et ses symboles Sur l'interprétation des rêves Psychologie et Alchimie. Solié La femme essentielle Le Sacrifice Mythanalyse jungienne MC Dolghin-Loyer« Les saisons de l'âme » Les concepts jungiens E. Humbert Ecrits sur Jung H. Gougaud, Le livre des chemins A. Naouri - Les filles et leurs mères

Réf. : 325 - LANGUE(S) : Français Tuesday, room 8bis, 12.45-1.45 PM

AUTEUR : Maryline Paoli Didry et Jérôme Lainé

LES DERIVES DE L'AMOUR : Narcissisme et société

MOT CLÉ : narcissisme / société / haine

ORATEUR : Maryline Paoli Didry, Jérôme Lainé

SUJET : Les images publicitaires et les téléréalités donnent à voir et à percevoir une société fonctionnant sur l'Ego. Cette société invite à construire des relations basées sur un narcissisme exacerbé, un narcissisme de « deuxième génération ». Comment l'amour peut-il prendre place dans des jeunes couples construits sur des valeurs en lien avec l'Ego ? Que signifie « aimer » pour ces couples de jeunes tiraillés entre transmission transgénérationnelle, éducation parentale et valeurs sociétales ? Quels repères ont-ils ? De manière générale, quelles dérives identificatoires l'amouréalité peut-il entraîner dans la relation d'aujourd'hui ? Et notamment assiste-t-on à l'émergence d'une perversion de l'amour narcissique ? Entre Ego individuel et impératif collectif, « aime » semble devoir s'écrire en deux temps : HAIS AIME EUXA ce titre la notion lacanienne d'hainamoration pourrait constituer un début de réponse aux questions posées par et à notre société. Ainsi « L'ambivalence de l'amour et la haine sur le même objet », cette enviebalance engendrerait une jalouse, aux sources du Désir. Les dérives de l'amour seraient donc la manifestation

de ce Désir dans la sphère d'un intime essentiellement collectif (« l'amour est enfant de Tweeter » comme le chante Stromae). Quand le Désir est le pont entre Haine et Amour, la haine commence-t-elle là où commence l'amour de l'autre ? Dans un cadre fait de respect et de confiance, l'atelier est animé par deux thérapeutes de l'Eepssa, psychanalystes, psycho-somatothérapeutes, Maryline Paoli Didry (diététicienne comportementaliste) et Jérôme Lainé. Les participants se confronteront aux dérives de l'amour induites par un narcissisme sociétal. A partir d'un travail théorique et symbolique (conte, mythe), chacun pourra faire l'expérience dans son corps (dessin, danse, dégustation...) de ce qui pourrait paraître un discours maître/esclave.

BIOGRAPHIE : Jérôme Lainé, psychanalyste, psycho-somato thérapeute Formateur à l'Eepssa. Maryline Paoli Didry, psychanalyste ,psycho-somato thérapeute Formateur à l'Eepssa www.dietecorps.com

Réf. : 335 - LANGUE(S) : Anglais Friday, room 3, 4.00-5.00 PM

AUTEUR : Chan Edward

Why do we fall in Love & Fight? Couple Schema Therapy in action: a clinical workshop for the formulation and treatment of couples and individuals PsychoPathologies

ORATEUR : Chan Edward

SUJET : Couple schema therapy is a form of couple therapy that takes a relationship approach rather than an individual approach to psychotherapy. It focuses on collaboratively healing childhood wounds that the couple shares. Our primitive old brain has a compelling nonnegotiable drive to restore the feeling of aliveness and wholeness with which we came into this world, a view held by the humanistic psychotherapy tradition (eg Goldman and Greenberg 2013; Greenberg and Johnson, 1998).

The individual creates multiple personalities to cope with challenges in childhood (Spanos, 1994) whereby several distinct states of mind or personalities reside in one body. Each of these personalities has its own sense of self and has its own habits of thought, emotions, and memory. There are primary selves or core coping schemas(Young, Klosko and Weishaar, 2003) with which individuals operate with normally as a way to protect themselves from their dysfunctional childhood schemas.

Each of these primary selves has their disowned selves (Jung 1993).

The couple schema relationship model proposes that the couple falls in love with each other because they are attracted to each other's disowned selves which activate their own dysfunctional childhood schemas. This is part of the subconscious drive to achieve wholeness and aliveness.

So whilst the primary self of the individual is to protect his childhood self, he is attracted to his partner's primary self as his disowned self which will activate and expose his childhood wounds or unmet attachment needs.

Therefore wounds a person has with a parent will unintentionally be repeated by their partner, which unconsciously for the person triggers old emotions. The conscious part of the brain may not be able to see it, but the unconscious believes that this person who can heal your wounds can let love come into the person's life again. Couple schema therapists help couples and individuals to be aware of these dynamics of Love which would inevitably leads to couples conflicts and individuals psychopathologies and then develop other disowned selves to meet the needs of their partners and their childhood selves and own attachment needs, thereby resolve the couples' conflicts and heal their psychopathologies.

Participants in this workshop will develop clinical skills in formulating primary selves and disowned selves as well as dysfunctional childhood selves of patients - individuals and couples. They will then learn how to help patients develop their disowned selves to heal their partner's and their own childhood dysfunctional selves and unmet attachment needs

BIOGRAPHIE :Dr. Edward WengLok Chan FMAPsy., FMCBTA., FECARE., PMMSCM

D.Phil.(Psy), M.Sc.(Learning), B.Sc.(Psy)(Hons),

Cert(Brain Based Therapy), Cert(CBT),

Cert(Couple & Family Therapy), CPPD(PsychoNutritional Medicine),

Dip(AntiAging & Regenerative Medicine), CSAC(Certified Substance Abuse Counselor)

Licensed Amen Clinics Therapist, Principal Consultant Psychologist, International Psychology Centre, Psychology.com.my, President Malaysian Association of Psychotherapy Chief Editor, The International Journal of Psychotherapy, Counseling & Psychiatry: Theory, Research & Clinical Practice ISPCP-TRCP.org

Réf. : 348 - LANGUE(S) : Anglais Friday, room 3, 2.00-3.30 PM

AUTEUR : Keys Suzanne

A theory of love in therapy in an age of competencies

ORATEUR : Keys Suzanne

SUJET : This workshop will give an opportunity to explore a theory of love in therapeutic practice including spiritual, erotic, social, ecological and political perspectives.

In an age when the language of distress and healing is based in a medical model and therapeutic practice is measured by externalised clinical outcomes and training has become manualised and mechanised there is an increased need to dare to theorise about love in action and the profound implications of therapeutic practice and thinking.

This workshop will enable participants to find a language of love to articulate their work including image, music and movement. It will be an opportunity to discuss the ethical imperative in the 21st Century of being professional therapists competent in loving.

BIOGRAPHIE :Suzanne Keys comes from Northern Ireland and has worked as a person-centred counsellor with young people in London for 16 years. She has participated in the education of counsellors in the UK, France and Martinique. She has co-edited person-centred journals and books on idiosyncratic practice, work with children and young people, gender and eco-therapy. She has written articles and chapters about person-centred theory and human rights, training, disability, education, ethics and love. She is on the Editorial Board for Self & Society: an International Journal for Humanistic Psychology and on the organising group for Psychotherapists and Counsellors for Social Responsibility in the UK.

Réf. : 352 - LANGUE(S) : Anglais Thursday, room 7, 11.00-12.30 AM

AUTEUR : Afrange Emilia

Overcoming the vulnerability

ORATEUR : Afrange Emilia

SUJET : Using the art as a tool to extend the dreams, this workshop opens space to the artistic creation focused on the identity fortification and life projects. This work focus on repertory ampliation trough self-perception, perception of the self with others and perception of the self with the world. From this trine, the participants will potentialize their feeling of belonging and will make the same gain easier to all around them.

Love for the self (me, with myself): is related to self-knowledge, self-confidence, resilience, future perspective and self-esteem development.

Love for the other (me with the other): searches the familiar bounds' improvements and interpersonal relationships.

Love, affection for the world (me, inside the world): is based on the recognition of the belonging to the territory socially expanded, making the exercise of citizenship happen in its fullness.

BIOGRAPHIE :Emilia Afrange - President of Latin-American Federation of Psychotherapy (2016-2018) (www.flapsi.org) Brazilian Coordinator of the Researchers on Psychotherapy in Latin American Chapter (2013-2017) at SPR-LA - Society Psychotherapy Research (<http://www.psychotherapyresearch.org/>); Psychotherapist, Clinical Psychologist, Teacher and Supervisor of Institute Sedes Sapientiae (www.sedes.org.br); Psychologist of the team specialized in Prematures at "Escola Paulista de Medicina" (<http://www.viveresorrir.org.br/>);

Collaborator at Mamãe Associação de Assistência a Criança Santamarense NGO (<http://mamae.org.br/>); Affiliated Member of the Psychoanalysis Brazilian Society in São Paulo (<http://www.sbpsp.org.br/>); Member of the Forum of National Entities of the Brazilian Psychology (FENPB).

Réf. : 355 - LANGUE(S) : Français/Espagnol Tuesday, room 8bis, 11.00-12.30 AM

AUTEUR : Becerril Maillefert Carolina

Soigner les blessures. La STPT stratégie thérapeutique post traumatique

ORATEUR : Becerril Maillefert Carolina

SUJET : Vie est mouvement = action et catharsis dans le psychodrame

L'amour s'exprime par la reconnaissance de l'autre = empathie et rencontre dans le psychodrame.

Je pars du principe que le psychodrame Moreno en tant qu'exercice professionnel accomplit, par ses principes et sa philosophie de travail, la proposition de notre Congrès:

Vie & Amour au XXIe siècle.

Durant le travail, qu'il soit thérapeutique ou pédagogique ,du psychodrame Moreno nous mettons en pratique les principes dont je ferai mention ultérieurement, pour les développer en détail et avec une petite vignette clinique plus tard:

*Le travail en action

* L'éveil des émotions

* Provoquer la catharsis

* Mise en scène des conflits

* Un Directeur en permanence à notre côté tout au long de la mise en scène

* Temps/parole

* Temps/action

* Temps/partage

* Élaboration verbale post-dramatisation pour provoquer une intégration au niveau psychique, corporel et existentiel. ayant pour but de provoquer une transformation.

Pendant la présentation, je définirai plus précisément chaque postulat.

BIOGRAPHIE :Carolina Becerril Maillefert, Psychologue clinicienne, psychanalyste, Directeur en Psychodrame.

Auteur du livre :" Le psychodrame. L'histoire, la méthode, les techniques pour explorer votre processus psychique au moyen de SCÉNARIOS IMPROVISÉS "(Édit:EYROLLES)

Réf. : 374 - LANGUE(S) : Anglais Tuesday room 7, 11.00-12.30 AM

AUTEUR : Zohar Evi

Integrating Focusing and Differentiation : a therapeutic path for couples in intimate relationship

ORATEUR : Zohar Evi

SUJET : The goal of this body-mind workshop is to introduce the participants to an experiential method of working with couples in conflict. Combining Focusing and Differentiation perspectives, aims to offer a fresh conception to the potential change and heal process of intimate Couples.

In the workshop, participants will be invited to sense and explore the therapeutic qualities held in Focusing and Differentiation, and the potential for movement inherent in their interrelationship. Through lecture, experiential intervention exercises and glimpses into their theoretical grounding, participants will be exposed to Focusing which emerged from person centered therapy by Dr. E. Gendlin, Differentiation by Dr. M. Bowen and Crucible therapy by Dr. D. Schnarch, .

Differentiation is a key to mutuality. It offers a solution to the central struggle of any long term intimate relationship: balancing two basic life forces - the drive for individuality and the drive for togetherness. It is about going forward with one's self development (individuality), while being concerned with one's partner's wills, needs, and wellbeing (togetherness). Differentiation is about getting closer and more distinct, rather than more distant. Focusing is a body-oriented process of self-awareness and emotional healing, in which one learns to pay attention to

the body and the 'felt sense', in order to unfold the implicit, keep it in motion at the precise pace it needs to carry the next step forward.

In my work with couples in intimate relationship, I combine Focusing and Differentiation perspectives to enable the possibility of acknowledging and being with the two opposing needs of individuality and togetherness. The use of the subtle and deep qualities of Focusing facilitates the continuity of the couple's significant differentiation process with each other. The therapist can then be free to function as a process keeper, and facilitate the movement of the implicit, using Focusing as an individual intervention to a system's theory perspective.

Combining Focusing and Differentiation perspectives can cultivate the kind of relationship where a conflict can be constructively and successfully held in the inner world. It creates the possibility for two subjects to build a mutual emotional field, open to changes, permeable and resilient.

Maximum No. of participants: 50

BIOGRAPHIE :Evi Zohar, Couple and Family Therapist, Israel. Active for the past 23 years, a certified couple and family therapist, supervisor, certified Focusing oriented psychotherapist. I am specializing in therapy with individuals, couples and families in high conflict relationships, including domestic violence, trauma, parenthood, relying on a wide range of theoretical perspectives. With professional interests focused on Differentiation theories, Mindfulness and specifically Focusing as a body-mind process, I am interested and curious as to what enables and creates healing and change in people's lives from a psychotherapeutic point of view.

Currently I work as a staff member and lecturer at the Bereshit Institute which specializes in certifying professionals to become couple & family therapists; I lecture at various professional organizations; practice psychotherapy, FOT & supervision in my private clinic; lead workshops for professionals on couple therapy in Israel and internationally.

Réf. : 396 - LANGUE(S) : Français Friday, room 7, 11.00-12.30 AM

AUTEUR : Merle Christian

Eros et Psyché : le mythe de la rencontre intime

ORATEUR : Merle Christian

SUJET : Les mythes sont fondateurs des cultures, ce sont des symboles, ils ne peuvent être réduits à des affabulations arbitraires ou à des métaphores poétiques. La Psychologie de la Motivation montre que les mythes sont des représentations qui nous racontent et qui décrivent notre réalité psychique. Ils révèlent le déroulement de la délibération intime, de la naissance d'un affect jusqu'au choix et l'éventuelle prise de décision. Dénuee de spéculations, leur traduction est fondée sur nos archétypes et, en cela, elle revêt un caractère anthropologique. Cet atelier a pour objectif de montrer comment nous pouvons nous laisser saisir par un mythe, il se déroule en plusieurs étapes :

- 1- La narration du mythe et son approche symbolique
- 2- Description et expression des ressentis provoqués par ce mythe
- 3- En binôme : intériorisation de ces ressentis
- 4- Evocation et description d'une situation en correspondance avec eux
- 5- En conclusion : description des assertions accréditant le langage intérieur inhérent à ce mythe.

BIOGRAPHIE :Psychopraticien en Psychologie de la Motivation et en Logothérapie ;

Formateur agréé par l'Institut de Formation à la Psychologie de la Motivation, coordonateur de la formation à la Relation d'Aide.

Membre du Bureau et du Conseil d'Administration de la FF2P, en charge de la commission « Colloques, Evénements et Publications » ; Membre du Comité d'organisation du WCP 2017

Réf. : 416 - LANGUE(S) : Français Friday, room 7, 4.00 5.00 PM

AUTEUR : Daou Nada

Quand l'empathie libère la créativité du thérapeute et du client

ORATEUR : Daou Nada

SUJET : L'empathie est aujourd'hui reconnue comme l'un des principaux facteurs de réussite d'une thérapie. Elle devient un enjeu social, politique et de santé. Son usage devient courant dans les discussions.
Dans l'approche centrée sur la personne, l'empathie est une des attitudes nécessaires et suffisantes au processus thérapeutique. Pourquoi cette place importance ? Comment l'empathie favorise-t-elle le processus créatif chez le thérapeute et chez le client ?

BIOGRAPHIE : Psychologue, Psychopraticienne dans l'Approche Centrée sur la Personne. Formatrice et co-responsable pédagogique à l'IFRDP . Membre du Conseil d'Administration de la FF2P et membre individuel à l'AFP-ACP. Je vis et j'exerce à paris. J'anime des groupes de thérapies

Réf. : 417 - LANGUE(S) : Français Friday, room 8, 4.00 5.00 PM

AUTEUR : Colia Jean-Luc

La sophrologie existentielle une psychothérapie d'inspiration phénoménologique

ORATEUR : Colia Jean-Luc ; Frieh Yannick

SUJET : La sophrologie existentielle se situe dans le champ des thérapies humanistes existentielles. D'inspiration phénoménologique, elle s'intéresse à l'expérience du corps vécu, la corporéité , le ici et maintenant de la présence: la pratique permet d'éprouver le lien soi-Monde, un espace hors-temps, une épokhé : un niveau de conscience modifiée. Au cours de cet atelier, nous vous ferons découvrir dans une approche expérientielle les concepts fondamentaux de la sophrologie existentielle.

3 grandes étapes:

- la centration sur soi, restauration des assises narcissiques primaires;
- l'enveloppe corporelle, conscience contemplative: restauration des assises narcissiques secondaires;
- la réduction phénoménologique: la restauration du lien soi-monde;

Du sentiment de soi à l'éveil d'un état amoureux, une empathie corporelle

BIOGRAPHIE :Jean Luc COLIA: Psychopraticien, C.E.P.

Directeur et formateur de l'Ecole de Sophrologie Existentielle de Bordeaux I.S.E.B.A.

Vice-président de la FF2P, pôle Métier, Président du Festival Cinopsy's

Yannick FRIEH: Psychopraticien, C.E.P.

Directeur et formateur de l'Ecole de Sophrologie Existentielle de Colmar E.S.S.A.

Vice-président de la FF2P, pôle Europe, Membre de la commission Métier, Cinopsy's

Réf. : 428 - LANGUE(S) : Français Friday, room 7, 9.00 - 10.30 PM

AUTEUR : Bernard Mayer ; François Paquin

Brainspotting: a new model of psychotherapy at the crossroads of dynamic psychology and the neurosciences

ORATEUR : Bernard Mayer ; François Paquin

SUJET : Le cerveau, un partenaire à part entière dans le processus de guérison du Psychotraumatisme. Cette nouvelle approche psychothérapie prometteuse, en provenance des USA, apporte un nouveau questionnement et espoir thérapeutique dans la guérison d'un large champ depsychopathologies, dont le Psychotraumatisme. En effet, à côté des thérapies dites intégratives corps/esprit, un nouveau partenaire essentiel de la guérison vient de s'imposer dans le champ des leviers psychothérapeutiques : le cerveau. La découverte essentielle de David Grand Ph. D (USA), concepteur du Brainspottingtm est l'hypothèse, (à partir de l'observation de résultats cliniques significatifs, rapides et stables) que

le champ de vision peut être utilisé, pour localiser des positions oculaires stratégiques « Brainspots » qui permettent d'accéder au centre des mémoires émotionnelles et somatiques « gelées » du Psychotraumatisme et de les libérer. Les mécanismes de fonctionnement du BRAINSPOTTING™ sont l'activation et la pleine conscience ciblées, au sein d'un cadre thérapeutique d'accordage relationnel et neurobiologique thérapeute/patient pour engager, maintenir, contenir et faire progresser le processus de traitement, afin de solliciter la plasticité cérébrale et l'homéostasie d'auto-guérison du patient. Cette découverte a permis des résultats particulièrement rapides du Psychotraumatisme mais aussi sur une grande variété de troubles psychiques et psychosomatiques, ainsi que sur des problématiques de performances (sports – artistes). BIOGRAPHIE : Dr en Psychologie, Psychanalyste, praticien EMDR, en Somatic Expériencing et concepteur du Brainspotting®, David Grand Ph.D exerce en cabinet privé de psychothérapie à New York, depuis 40 ans. Après avoir formé, 12000 praticiens aux Etats-Unis, en Amérique du Sud, au Moyen-Orient, en Asie et maintenant en Europe, il enseigne cette psychothérapie étonnante, depuis 2014, aux professionnels de la santé français, à l'IETSP [Institut Européen de Thérapies Somato-Psychiques www.ietsp.com], représenté par Bernard Mayer et Françoise Pasqualin, tous deux cliniciens. L'IETSP est le seul organisme habilité pour former en France les professionnels de la santé certifiés en Brainspotting. David Grand est l'auteur du livre « La thérapie Brainspotting® : pour vous libérer de vos traumatismes et de vos somatisations » Ed Trédaniel, oct 2015. (www.brainspotting.pro) L'atelier proposé permettra une présentation du Brainspotting™, de vidéos de patients avec une partie réservée aux questions/réponses.

Réf. : 433 - LANGUE(S) : Anglais Tuesday, room 3, 11.00-12.30 AM

AUTEUR : Ursula HAUSER

The strange-and-my own culture and history

MOT CLÉ : Postmodernism / cerebral pathology / initiative

ORATEUR : Ursula HAUSER

SUJET : First the participants of the Workshop will be introduced to our ethnopsychanalytic investigation with the Bribri people in the Djungle of Costa Rica; with the participation of 4 colleagues who made part of the expedition last year. We shall show a VIDEO and pictures in order to lead the participants to the reality of KACHABRI, and also share the experience with short conferences.

Afterwards the participants will be introduced to the method of Psychodrama which involves them with their own subjectivity and history. So far they learn about this method based on Ethnopsychanalyses in the multicultural group in self-experience (practice) and theory, and get knowledge about psychodramatic techniques, which permits to observe unconscious processes and to understand some of the own biographic history. Our focus will be on DREAMS, and two dreams of the experience of the investigation in Talamanca, one of a Bribri man and one of a Viennese woman will be the 'material' for studying the own and the different cultures and social-political contexts; following by DREAMS of the PARTICIPANTS in the workshop.

The richness of a multi-cultural students group gives the possibility to 'know better the own culture through the experience with the strange culture' (P. Parin); this also strengthens the capacity of critical thinking and learning to listen and to observe the others, that means to improve the social behaviour.

BIOGRAPHIE : Psychoanalyst and Psychodramatist

She started her professional career in the educational field as school teacher in Zurich/Switzerland, then studied Social Psychology at the University of Zurich. She got her Ph.D. degree at the University of Klagenfurt/Austria with social and cultural research studies in Ethnopsychanalyses. Parallel to the academic studies she specialized as psychoanalyst (PSZ-Psychoanalytisches Seminar Zürich) and as Psychodramatist (Moreno Institut Überlingen/Germany). Beside of her private consultation with individual and group therapy, she worked as Psychologist with children in the public school of Langnau/ZH, and with different groups of teachers and parents of these children. For many years she was involved in the highschool of Bühl/ZH with courses in 'Creative Psychology', using Psychodrama Techniques. Also during these years she was employed by the city of Zurich as a Supervisor for the team of Psychologists and Social Workers at the 'Auffangstation Tiefenbrunnen'.

Since 1981 she lives and works in Central America, as resident of Costa Rica. During her non-planned emigration she became very active in different Latin American countries, mostly in the field of Psychodrama Training. She founded ITARI (Center of psychoanalytical training) in San José/Costa Rica, a private consultation clinic, where she trained many Costa Rican Psychoanalysts, and also Psychologists and Social workers in the method of Psychodrama. She founded

ASPAS (Asociación de Psicoanálisis y Psicología Social) with a regular publication ,Giros de Aspas'. Later on she founded together with collegues ICOPSI (Instituto costarricense de psicodrama psicoanalítico) and ASISTE C.R. (Assoc. of Psychodrama, Sociometry and Play Back Theater). Beside the work in Costa Rica she works and traines groups in El Salvador, Bolivia, Mexico, Cuba, Nicaragua, Guatemala, Switzerland and Gaza/Palestine. This work is supported by Swiss NGO's like ,medico international Switzerland', mediCuba Switzerland', EcoSolidar Switzerland.

She is also constantly active as Professor of Ethnopsychoanalyses and Gender Studies in different Universities in Costa Rica (UCR-Doctorado en ,sociedad y cultura', IIS-Instituto de Investigaciones Sociales de la UCR, PRIEG-Master Programme for Gender Studies UCR, UNA, Univ. Independiente), as well as in Mexico (UNAM). As Guest Professor she gave lectures and seminars at the University of Bremen/Germany and Klagenfurt/Austria, the SFU (Sigmund Freud University in Viena) and she is invited to participate in many professional international Congresses as a member of the IAGP (International Association of Group Therapy; member of BOARD DIRECTORS from 2011-2013). Actually she is the international coordinator of the Master's Programme at the University of La Havana/Cuba, and as professor of psychodrama at the postgraduate Studies of the UNAM/Mexico. Starting from Switzerland she realizes the pioneer project in the ,Gaza Community Mental Health Programme', where she trained the staff of this institution during several years in Psychodrama. Her constant work in transcultural studies motivated her also to open a Psychodrama Group with the theme of ,Migration' in Zurich, where she is invited by different institutions and organizations as Supervisor and for Coaching. Lately she was integrated in the international team of the ETH-sustainability YES Programme.

At this moment she is realizing a transgenerational investigation in Uruguay with the title: HUMAN RIGHTS, MEMORY AND PSYCHODRAMA: The tracks of uruguayan Dictatorship in the third generation', with the method of Psychodrama.This postgraduate Diploma might be spread out to Argentine, Chile and Brasil.

2012 she founded her Foundation www.fundacionursulahauser.org, where the topics are projects in Psychodrama and Psychoanalysis.

5th of November 2014 she was honoured with the SBAP (Schweizerisches Berufsgremium der Angewandten Psychologie) Price 2014 for her excellent work in different countries.

In 2015 a book about her life was published in german with the title: 'THE REBELL – a life for Peace and Justice' (Ursula Hauser, Die Rebellin – ein Leben für Frieden und Gerechtigkeit), WÓRTERSEH Verlag, Zürich/Switzerland)



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